



Children's Developmental & Behavioural Supports

Winter 2024 parent workshops

To register for workshops

Email behaviouralsupports@durham.ca or call 905-668-4113 ext. 2829.

- In-person sessions will be held at 605 Rossland Road E, Whitby (corner of Rossland Road E and Garden Street)
 - Virtual or Hybrid sessions will be run using Microsoft Teams. Participants will be sent the link to join the sessions via email along with handouts.
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Understanding Your Child's Behaviour

Thursday, January 18, 2024

12:00 to 2:30 pm

Presented by Samantha Muir and Heidi Perryman

In this workshop you will learn what factors influence behaviour, the impact of prevention strategies to decrease challenging behaviours, and when behaviours require intervention. You will learn how your behaviour as caregivers has direct influence over your child's behaviour.

Please Note: This session will be run using Microsoft Teams. Participants will be sent the link to join the session via email along with handouts.

Encouraging Co-operation

Wednesday, February 21, 2024

12:00 to 1:00 pm

Presented by Ashley Brock

In this information session we will examine strategies to encourage co-operation. The session includes a presentation and discussion about how to prevent and respond to non-compliant behaviour, while developing an environment that encourages co-operation.

Please Note: This session will be run using Microsoft Teams. Participants will be sent the link to join the session via email along with handouts.

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Distractible Child

Tuesday's, April 16, 23 and 30, 2024

6:00 pm to 8:30 pm.

Location: 605 Rossland Road E, Whitby – Room 1B

Main floor – Regional Municipality of Durham building

Presented by Therecia Tross and Nellany Christy

Does your child have a hard time focusing, shifting their attention, or is easily distracted by their surroundings? This three-part series will discuss a variety of positive prevention strategies, methods to promote improving attention to tasks and limiting distractions, as well as how to respond when behaviour occurs that interferes with their success.

Please Note

This is an in-person workshop with limited capacity.

Attendance is required for all three sessions.

Co-operation & Reinforcement

Friday's, May 3, 10 and 17, 2024

9:30 to noon.

Location: 605 Rossland Road E, Whitby – Room 1A

Main floor – Regional Municipality of Durham building

Presented by Bonita Zulauf and Lynne Wojnarowski

Are you feeling frustrated that your child is not listening to you? Do you feel like you say the same things over and over? Does your child refuse to do things that you ask or just ignore your requests? By the end of the three sessions participants will have a better understanding of:

- Why your child may not be doing what you ask of them.
- How to effectively give instructions using reinforcement.
- How to help your child end a favourite activity.
- How to support communication using visuals

During the sessions you will receive several tips and tricks and every caregiver will receive a make and take reinforcement strategy.

Please Note

This is an in-person workshop with limited capacity.

Attendance is mandatory for all three sessions.
