



November 21, 2022

Dear Family Member,

On October 6, 2022, the Ministry, of Long-Term Care updated the COVID-19 Pandemic Response Guidance recommending the continuation of active screening for Caregivers. As we continue to navigate the pandemic and battle a challenging influenza season, the divisional Infection Prevention and Control team is recommending that Caregivers abide by the following additional guidance:

If you are a close contact with a household member who has tested positive for COVID-19:

- You may not enter the home for 10-days from the last exposure to the household member with COVID-19.
- You are recommended to obtain an immediate PCR (or rapid molecular test) and re-test on Day 5 from initial exposure if the initial test was negative.

If you are a close contact of someone who has tested positive for COVID-19 outside of your household:

- You may enter the home, but we encourage you to postpone non-essential visits
- Self-monitor for symptoms for 10-days from the last exposure to the individual with COVID-19. Self-isolate immediately if any symptoms develop.
- Wear a well-fitted medical mask or fit or non-fit tested N95 respirator for the duration of your time in the setting, and you must not remove your mask during the entirety of the visit.

The senior leadership team concurs with this recommendation. Since it exceeds the current guidelines, we have shared the information with our Councils and now are sharing with families.

Thank you for your understanding and support as we work together to enhance safety within our long-term care homes while providing quality resident care. If you have any questions, please do not hesitate to contact the Director of Care in the home.

Laura MacDermaid

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