



Durham Region Health Department FAX about...

For Health Care Professionals



Sports Related Concussions: Impact for Health Care Providers

As the fall approaches and team sports are resuming the Durham Region Health Department would like to remind health care providers of the requirements for medical assessment and clearance for individuals suspected of having a sports related concussion.

Rowan's Law requires individuals suspected of having a concussion to be removed from sport related activities. The athlete/student may not return to the activity until they are assessed by a health care provider. A diagnosis of concussion will require medical clearance to return to unrestricted participation in sport, however clearance is not required for the player to return to school.

[Rowan's Law: Information for health care providers](#) provides additional information on Rowan's Law and your role in the early management of concussions.

Additional Resources

[CATT online](#), the Concussion Awareness Training Tool, offers modules for health care providers on concussion prevention, recognition and treatment of concussions. Continuing Medical Education credits can be earned by completing these online modules.

The [6th Statement on Concussions](#) provides the most current recommendations on concussion safety.

Links to these and other concussion supports can be accessed via the Durham Region Health Department at <https://www.durham.ca/en/health-and-wellness/resources--for-health-care-providers.aspx#Concussions>

If you have any feedback about Fax Abouts or wish to recommend a topic for distribution, please email Faxabout@durham.ca.

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905-668-2020 or 1-800-841-2729 | [durham.ca/health](https://www.durham.ca/health)

If you require this information in an accessible format, contact 1-800-841-2729.

