

DURHAM REGION

TRAILS



Durham
Good Natured, Good Times.



www.durhamtrails.ca



DISCOVER OUR TRAILS

More than 350 kilometres of recreational trails intertwine throughout Durham Region. You will truly be amazed by our trails and surrounding environment.

SEARCH TRAILS BY MUNICIPALITY

City of Pickering 6

Town of Ajax 10

Town of Whitby 12

City of Oshawa 16

Municipality of Clarington 20

Township of Uxbridge 30

Township of Brock 36

Township of Scugog 40

Experience our beautiful outdoors



From the waterfront trails to the rolling hills of the Oak Ridges Moraine, Durham Region abounds with excellent recreational opportunities.

Throughout the seasons, walk, jog, hike, cycle, cross-country ski, snowshoe, in-line skate or even ride along our trails on horseback.

Our trails will lead you through a variety of pleasant landscapes. Explore urban centres, small hamlets, wetlands, lush green forests, and reconnect with the fresh outdoors.

Enjoy active healthy living and get the most out of life as a family, with friends or on your own.

DURHAM REGION TRAILS

RESPECT THE TRAIL CODE

- Do not trespass.
- Respect and obey trail signs using only marked routes.
- Stay on existing trails.
- Keep the trail clean. Only leave your footprints behind.
- Do not disturb plant life, wildlife or farm animals.
- Use stiles to climb fences (see photo, left).
- Hikers should avoid walking in cross-country ski tracks where possible.
- Slower traffic has the right of way.
- Keep to the right when meeting other trail users.
- Control your dog on a leash at all times.
- For more information on trail etiquette, please visit www.durhamtrails.ca

TRAIL USE AND MAP LEGENDS

TRAIL USE LEGEND

Durham Region's trails are an excellent destination for the whole family because of the extensive opportunities for recreational activities at each location. The following icons are used throughout this guide next to trail listings to identify these facilities and opportunities.

- Parking
 Washrooms
 Accessibility*
 Hiking/Walking/Running
 Roller Blading
 Biking/Mountain Biking
 Horseback Riding
 Cross Country Skiing

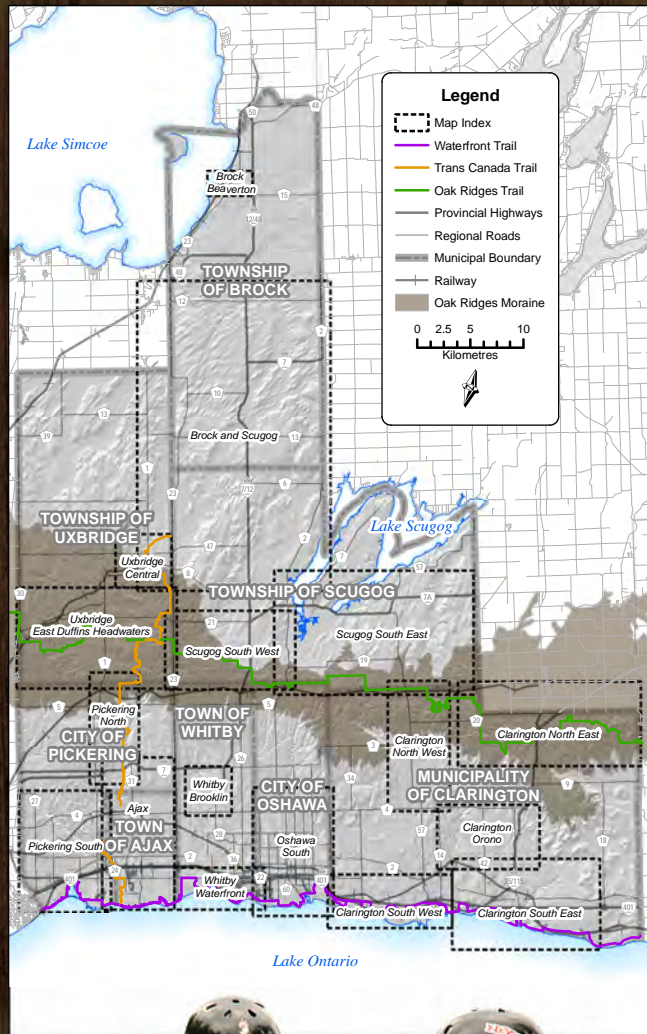
*The goal of the Accessibility for Ontarians with Disabilities Act (AODA), 2005 is to create standards to improve accessibility for Ontarians with disabilities. At the time of printing, specific accessibility requirements had not yet become law through the AODA Built Environment Standard. The information included in this booklet may not provide sufficient detail for some trail users with a disability. Where possible, certain features such as surface type have been included. Durham Lives! and the Durham Region Economic Development and Tourism Department, recognize the importance of accessibility where the physical environment is concerned. As AODA guidelines become available, new information will be incorporated in future trails publications.

TRAIL MAP LEGEND

- Hamlet
 River
 Municipal Road
 Municipal Boundary
 Open Space
 Regional Road
 Trail
 Marsh
 Provincial Highway

Digital cartography, geographic analysis and compilation by The Regional Municipality of Durham, Planning Department, Data Mapping and Graphics Branch October, 2009.
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NOTE: Open Space includes but is not limited to Conservation Areas, Regional Forests, Provincial Parks and Municipal Parks and Crown Land.



CITY OF PICKERING


SOUTH

Altona Forest

Toronto and Region Conservation Authority / 416-661-6600 / www.trca.on.ca

LENGTH & SURFACE: 4.2 km; native soil

ACCESS POINTS: Altona Rd. and Strouds Lane

The Altona Forest is an environmentally significant forest composed of mixed coniferous and deciduous trees, which is located in the middle portion of the Petticoat Creek Watershed. The diverse forest vegetation is very sensitive, containing several regionally and provincially rare plant species. 


Petticoat Creek Conservation Area

Toronto and Region Conservation Authority / 416-661-6600 / www.trca.on.ca

LENGTH & SURFACE: 1 km; woodchips, gravel

ACCESS POINTS: Whites Rd., Rodd Ave., Park Cres.

FEES: Call for fees and operation dates

Escape the heat with mild breezes coming off the shores of Lake Ontario. Enjoy a walk, picnic in the shade of a tree, explore the lakeshore below the bluff or cool off in the supervised pool for wading and swimming. Also includes a section of the Waterfront Trail. 


Seaton Trail

Province of Ontario / 416-327-0459

For more information visit www.seatonhikingtrail.org / www.trca.on.ca / www.cityofpickering.com

LENGTH & SURFACE: 12 km

ACCESS POINTS: Highway 7, Green River, Whitevale Rd., Clarkes Hollow, Third Concession Rd.

Located along the West Duffins Valley, this trail was created in co-operation with the Toronto and Region Conservation Authority, and consists of sections for walking, wilderness and heritage. 

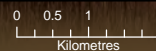
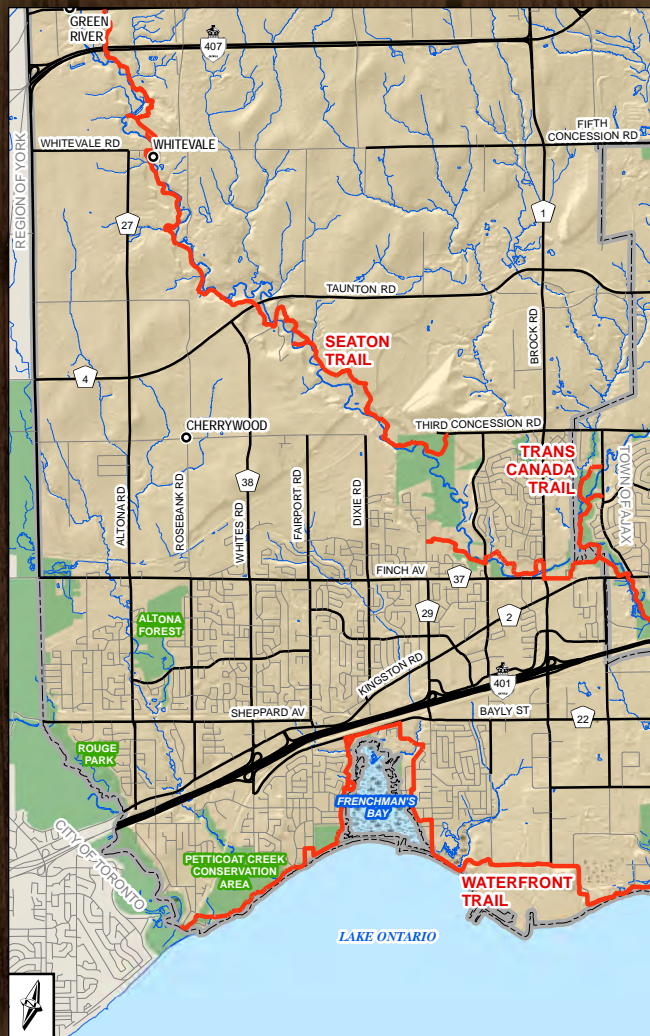
Waterfront Trail - Pickering

Waterfront Regeneration Trust / 416-943-8080 / www.waterfronttrail.org

LENGTH & SURFACE: 12 km; predominately asphalt

ACCESS POINTS: Bella Vista Dr., Petticoat Creek C.A., Rotary Frenchman's Bay West Park, West Shore Community Centre, Progress Frenchman's Bay East Park, Beachfront Park, Alex Robertson Park, Montgomery Park Rd. and Frisco Rd.

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quebec. 



Healthy eating and physical activity go hand and hand

Eating well and being active every day helps you feel and look better, lowers your risk of disease, gives you more energy, helps maintain a healthy body weight and strengthens your muscles and bones. (Source: Canada's Food Guide, www.healthcanada.gc.ca/foodguide)




CITY OF PICKERING

NORTH




East Duffins Headwaters

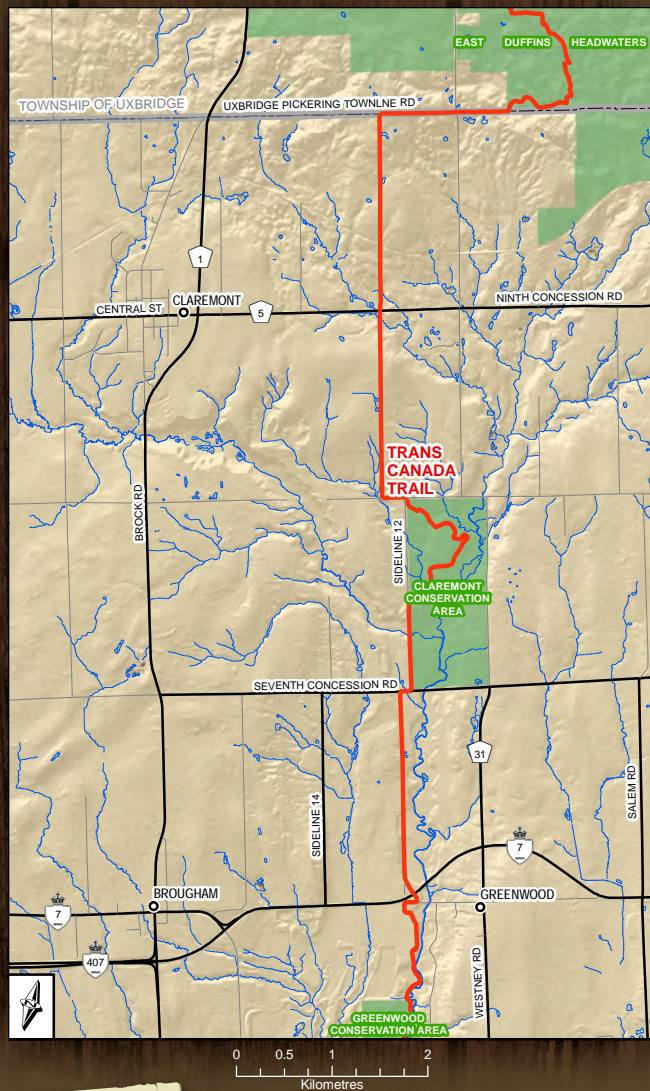
Toronto and Region Conservation Authority / 416-661-6600 / www.trca.on.ca
LENGTH & SURFACE: 74 km (including 8 km Trans Canada Trail and 12 km Oak Ridges Trail); natural surface
ACCESS POINTS: Concession 6 and 7, Brock Rd.

The multi-use trail network includes the Oak Ridges and Trans Canada trails and consists of a series of linked routes. The system provides users with a great variety of loop alternatives to explore over 2,000 hectares of forested area and experience significant natural heritage features and breathtaking vistas. Part of this trail system is shown on page 34 in the Township of Uxbridge. 

Trans Canada Trail

Trans Canada Trail / 800-465-3636 / www.tctrail.ca
LENGTH & SURFACE: 11 km; packed earth, paved
ACCESS POINTS: Pickering/Uxbridge Towlne Rd. and Sideline 12

The northern section of Pickering's Trans Canada Trail connects Glen Major Forest with the Claremont and Greenwood Conservation areas via quiet Sideline 12 and Paddock Rd. Following the headwaters of Duffins Creek, this route is best enjoyed in a southerly direction as you descend the gently sloping Oak Ridges Moraine into Ajax. 



CITY OF PICKERING - NORTH



Pack a healthy snack to go

Grab some vegetables and fruit to take with you. Visit one of Durham Region's local orchards for in season fruit. For more information about buying vegetables and fruit visit www.durhamfarmfresh.ca.

TOWN OF AJAX

Trans Canada Trail – North Ajax

Trans Canada Trail / 800-465-3636 / www.tctrail.ca

LENGTH & SURFACE: 20 km; rail, woodland, meadow, concession roads and urban

From Mill St. and Church St. the trail follows Duffins Trail System travelling through the environmentally sensitive area of Major-Spink.

The trail is scenic, diverse and interesting, with cultural and natural history woven throughout.

Duffins Creek North

ACCESS POINTS: West off Church St. at Mill St.

This section runs from Mill St. to Birchmount Rd. and has several scenic bridge crossings and points of interest.

Duffins Creek South

ACCESS POINTS: Clements Rd. W., Lake Driveway W.

This section begins at the Waterfront Trail in Rotary Park and travels north along the eastern edge of Duffins Marsh. There are many lookouts to view the marsh birds and wildlife.



Greenwood Conservation Area

Town of Ajax Operations and Environmental Services Department / 905-683-2951 / www.townofajax.com

LENGTH & SURFACE: 2 km; grass and natural surface

ACCESS POINTS: Greenwood Rd., West of Westney Rd.

FEES: User fees for groups

Twenty minutes east of Toronto, this park offers you a chance to escape to nature along the banks of Duffins Creek. Hiking trails allow you to explore the forest or the steep-sided river valley. The trail operates as a leash free area.

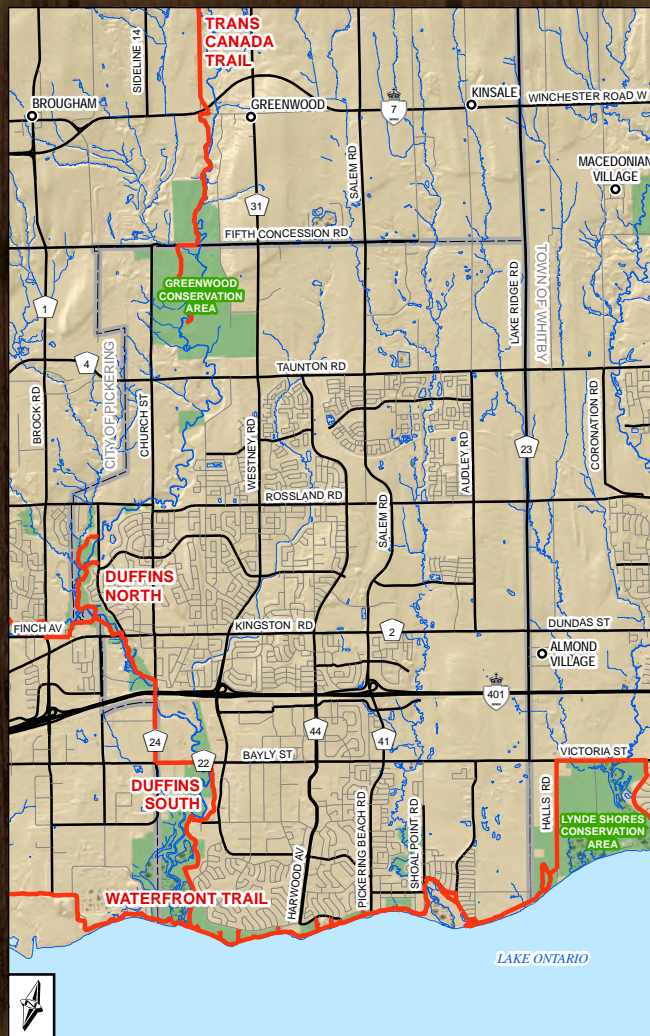
Waterfront Trail - Ajax

Waterfront Regeneration Trust / 416-943-8080 / www.waterfronttrail.org

LENGTH & SURFACE: 7 km

ACCESS POINTS: Rotary Park, Pickering Beach, Carruthers Marsh, Pavillion at SWC of Audley and Ashbury

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quebec. The Ajax Waterfront Trail is completely paved, and has many breathtaking vistas that can be enjoyed from numerous rest areas and community spaces.



DURHAM
Lives!

Feeling Stressed?

Physical activity promotes psychological well-being, reduces stress, anxiety and feelings of depression and loneliness.
(Source: PARC, 2005)



TOWN OF WHITBY

WATERFRONT


Lynde Shores Conservation Area

Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com

LENGTH & SURFACE: 2.5 km; granular

ACCESS POINT: Victoria St. W.

FEES: Parking is \$1 an hour, maximum \$4 per day/vehicle

Located in the south end of Whitby, Lynde Shores features two provincially significant wetlands. The trail is open year-round although canoe launching is seasonal. Dogs are prohibited. 



Waterfront Trail - Whitby

Waterfront Regeneration Trust / 416-943-8080 / www.waterfronttrail.org

LENGTH & SURFACE: 10.6 km; please note that the Victoria Street section surface includes gravel shoulders and heavy traffic

ACCESS POINTS: Port Whitby Marina (see www.whitby.ca for hours), Rotary Sunrise Park, Kiwanis Heydenshore Park and Pavilion, Lions Promenade, Thickson Rd. S.

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quebec. 



DURHAM
Lives!

Take care... take cover

The UV index is highest between 11 a.m. and 4 p.m. so use the trails early or later in the day. Seek shade and cover up with long-sleeved shirts, pants and hats.

TOWN OF WHITBY


BROOKLIN

Brooklin Lions Trail

Brooklin District Lions Club / www.lionstrail.org

LENGTH & SURFACE: 1.6 km; hard granular, asphalt

ACCESS POINT: Luther Vipond Memorial Arena

An accessible, educational and ecologically balanced trail that will feature long-term monitoring of the biotic and abiotic components of the creek, its floodplain and the surrounding tablelands. Visit the website for printable self-guided tour information. 




Heber Down Conservation Area

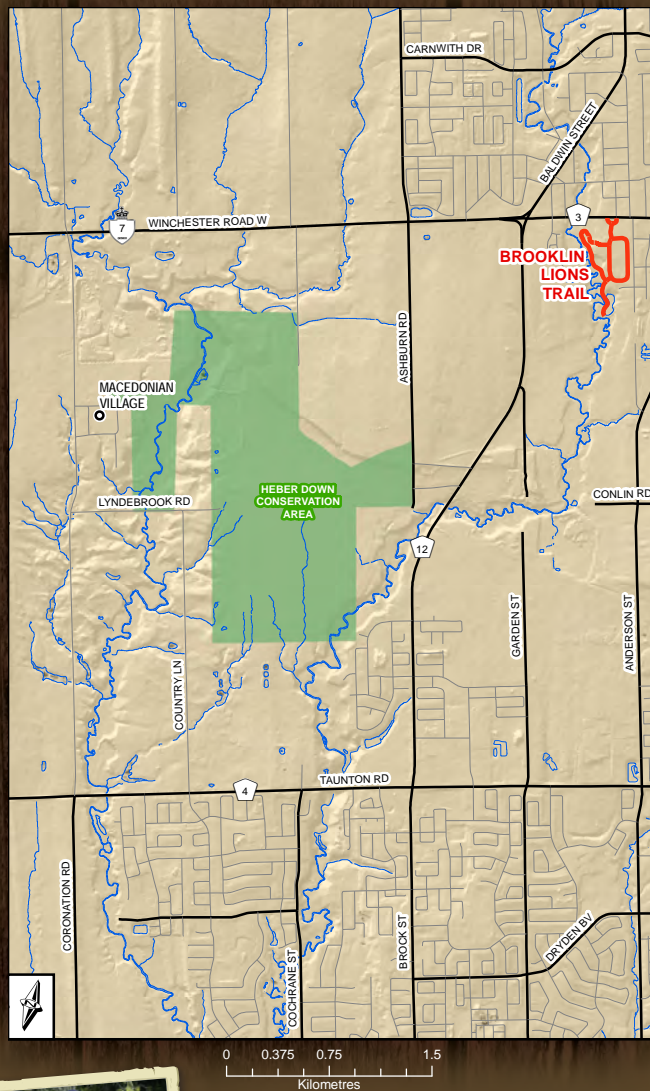
Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com

LENGTH & SURFACE: 8 kms of trails; earth path, granular, paved

ACCESS POINT: Country Lane Rd.

FEES: Parking is \$1 an hour, maximum \$4 per day/vehicle

Heber Down Conservation Area is host to a mosaic of plants and animal communities. Close to the city, yet country quiet, Heber Down Conservation Area is a great place for a peaceful walk. Dogs are welcome but must be on a leash of no more than two metres in length. Brochures are available at the Authority office or may be downloaded from www.cloca.com. 



DURHAM
Lives!

Cyclists / in-line skaters

Yield the right of way to other trail users. Slow down and signal your approach when overtaking other trail users. Maintain control of your speed at all times and approach turns in anticipation that someone may be around the bend.

CITY OF OSHAWA

WATERFRONT



Waterfront Trail - Oshawa

Waterfront Regeneration Trust / 416-943-8080 / www.waterfronttrail.org

LENGTH & SURFACE: 11.4 km; asphalt and interlock

ACCESS POINTS: Lakeview Park, Pumphouse Marsh, Lakefront West Park

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quebec.

McLaughlin Bay Wildlife Reserve (MBWR)

General Motors of Canada (GM) / 905-644-1689 / www.mclaughlinbay.org

LENGTH & SURFACE: 7 km; mix of hard and soft surfaces

ACCESS POINT: General Motors of Canada corporate office

Owned and maintained by GM for community enjoyment. Located within the MBWR is a 1/2 km 'multi-sensory' (touch, smell and hearing) trail loop for partially sighted or visually impaired individuals. A series of 11 trails in the McLaughlin Bay Wildlife Reserve – connected to Second Marsh Wildlife Area and Darlington Provincial Park – part of the provincial waterfront system. No camping, open fires or dogs* are permitted (*except for certified guide dogs on the Dogwood trail).

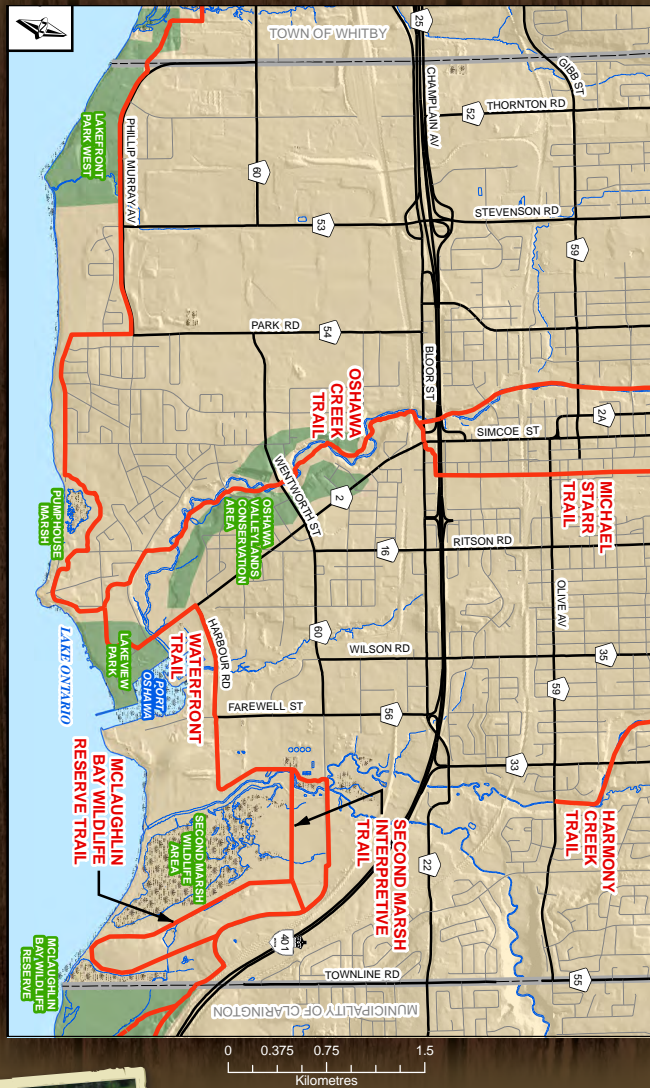
Second Marsh Wildlife Area

Friends of Second Marsh / 905-723-5047 / www.secondmarsh.science.uoit.ca

LENGTH & SURFACE: 2.5 km

ACCESS POINTS: Farewell St., Colonel Sam Dr.

Second marsh is a 140 hectare wetland located on the shores of Lake Ontario in Southeast Oshawa. This wetland provides important habitat for an array of bird, mammal, fish, amphibian, reptile and insect species, especially during spring and fall migration.



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Lives!

Move yourself to better health!

It is recommended adults build 150 minutes of moderate physical activity into each week. Children and youth should have at least 60 minutes and up to several hours of moderate physical activity each day. For more information visit www.paguide.com.

CITY OF OSHAWA

CENTRAL

Harmony Creek Trail

City of Oshawa / 905-436-5636 / www.oshawa.ca

LENGTH & SURFACE: 3.8 km; asphalt

ACCESS POINTS: Farewell Park, Donevan Recreation Complex, Eastbourne Park

Oshawa Trails total almost 21.5 km of paved surfaces that provide visitors with opportunities to discover Oshawa's parks, beauty, culture, and natural treasures. Discover native plants such as Jack the Pulpit, Ostrich Fern and Horsetail. Bird watching and sport fishing opportunities also exist.

Oshawa Creek Trail

City of Oshawa / 905-436-5636 / www.oshawa.ca

LENGTH & SURFACE: 6.8 km; asphalt

ACCESS POINTS: Lakeview Park, Children's Arena, Bloor and Simcoe Streets, Southmead Park, Erie Street Park, Storie Park, Rotary Park, Brick by Brick Park, and Kinsman Park

The Oshawa Creek is home to the spring and fall trout and salmon runs; truly a spectacular event that everyone will enjoy. Many activities and points of interest are found along, or are accessible, from this trail. A number of parks along the trail provide both passive and active recreational activities.

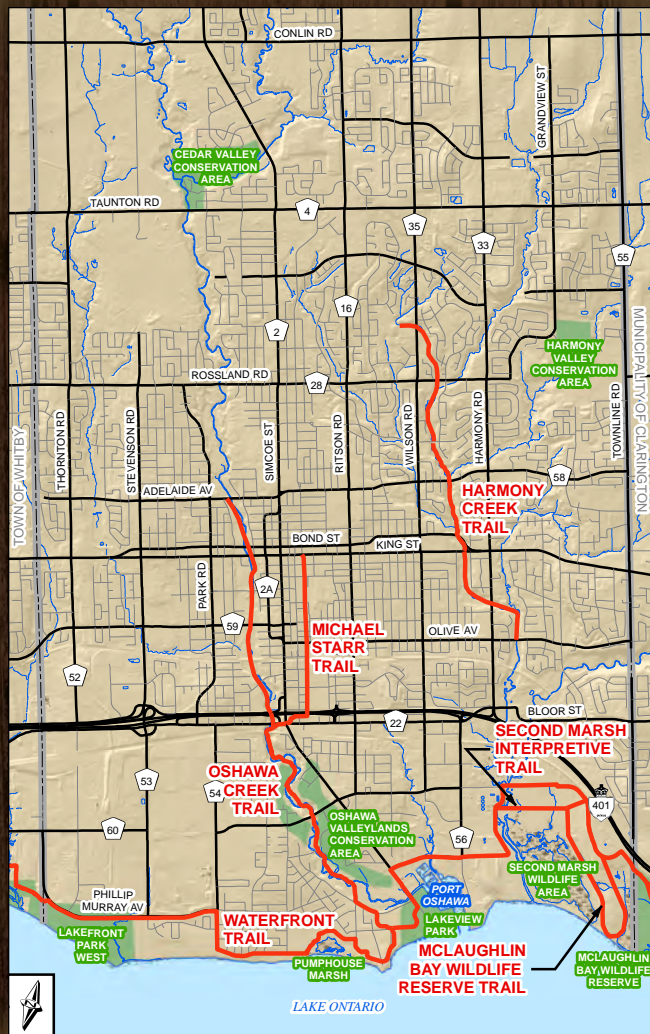
Michael Starr Trail

City of Oshawa / 905-436-5636 / www.oshawa.ca

LENGTH & SURFACE: 1.5 km; asphalt

ACCESS POINTS: City of Oshawa Tourist Information Centre, Cowan Park

This 1.5 km trail was built on the former CN line. Construction of the trail recognizes Colonel Michael Starr's many contributions to the City of Oshawa and Canada.



DURHAM
Lives!

Dress for comfort

Wear long pants to protect against poison ivy. In winter, be aware of the wind-chill factor and icy surfaces. When choosing clothing and footwear, consider visibility, comfort and layering.



MUNICIPALITY OF CLARINGTON

WATERFRONT WEST

Bowmanville Valley Trail

Municipality of Clarington / 905-623-3379 / www.clarington.net

LENGTH & SURFACE: 1.8 km; paved **ACCESS POINTS:** King St. and Baseline Rd.

The Bowmanville Valley Trail travels along the west side of the Village and features a number of granular side trails.

Soper Creek Trail

Municipality of Clarington / 905-623-3379 / www.clarington.net

LENGTH & SURFACE: 1 km; paved **ACCESS POINTS:** King St. and Simpson Ave.

This trail follows Soper Creek.

Bowmanville Harbour Area

Municipality of Clarington / 905-623-3379 / www.clarington.net

LENGTH & SURFACE: 1 km; asphalt **ACCESS POINT:** West Beach Rd.

There is a boat launch, parking and nearby access to the waterfront.

Bowmanville Westside Marshes Conservation Area

Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com

LENGTH & SURFACE: 2 km; hard granular **ACCESS POINT:** West Beach Rd.

FEES: Parking is \$1 an hour, maximum \$4 per day/vehicle

This wetlands conservation area is home to a wide variety of plants and animals. Open May 1 - Oct. 15.

Darlington Waterfront Trail

Darlington Nuclear Information Centre / 905-623-7122 / www.opg.com

LENGTH & SURFACE: 7.5 km; hard granular

ACCESS POINTS: Park Rd. - Bowmanville, Solina Rd.

Discover the beauty of wetlands, meadows and forests with more than 1,000 species of flora and fauna. More than 200 species of birds inhabiting the trail.

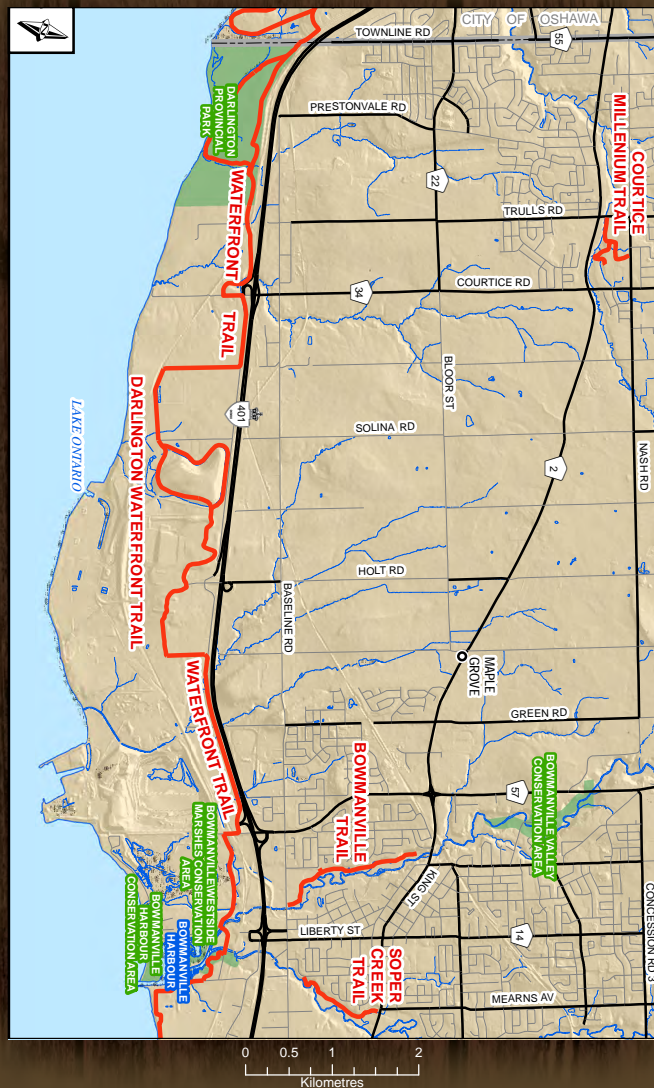
Darlington Provincial Park

Darlington Provincial Park / 905-436-2036 / www.ontarioparks.com

LENGTH & SURFACE: 5 km; grass, dirt, wood chips, pavement

FEES: Call for fees and operation dates

Includes the McLaughlin Bay Trail, the Robinson Creek Trail, the Burk Trail and the Waterfront Trail.



Courtice Millennium Trail

Municipality of Clarington / 905-623-3379 / www.clarington.net

LENGTH & SURFACE: 1.5 km; limestone surface

ACCESS POINTS: Nash Rd., Regional Highway 2, Courtice Recreation Complex

The Courtice Millennium Trail is located west of Courtice Recreation Complex. This 1.5 km trail network winds its way through woodlands, meadows and across the Black Creek.

MUNICIPALITY OF CLARINGTON

WATERFRONT EAST

Waterfront Trail - Clarington

Waterfront Regeneration Trust / 416-943-8080 / www.waterfronttrail.org

LENGTH & SURFACE: 33.2 km

ACCESS POINTS: Darlington Provincial Park, Ontario Power Generation - Darlington Nuclear, Bowmanville Harbour Conservation Area, Bond Head Park

The Waterfront Trail follows the shore of Lake Ontario from Niagara-on-the-Lake to Quebec. 



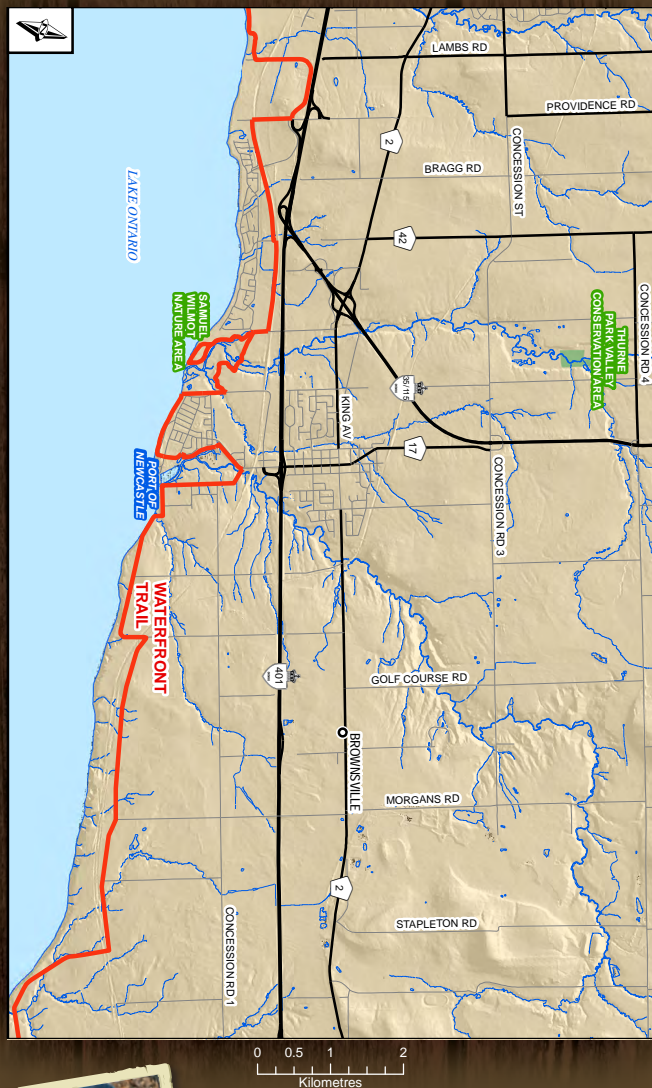
Samuel Wilmot Nature Area

Municipality of Clarington / 905-623-3379 / www.clarington.net

LENGTH & SURFACE: 3.5 km; limestone

ACCESS POINTS: Cobbleddick Rd. and Toronto St.

77 hectares of stream valley lands and wetlands on the shore of Lake Ontario. The Waterfront Trail traverses the property and walking/hiking trails provide access to the shoreline, Wilmot Marsh and Wilmot Creek.



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Lives!

Be prepared

Let someone know your location and expected time of return. Carry a phone card or cell phone. Carry a light pack with identification, snacks and water.

MUNICIPALITY OF CLARINGTON





ORONO

Sidney Rutherford Trail

Municipality of Clarington / 905-623-3379 / www.clarington.net

LENGTH & SURFACE: 1 km; limestone

ACCESS POINT: Main St., Orono

The Sidney Rutherford Trail is perfect for a short stroll in the Village of Orono.    



Orono Crown Lands

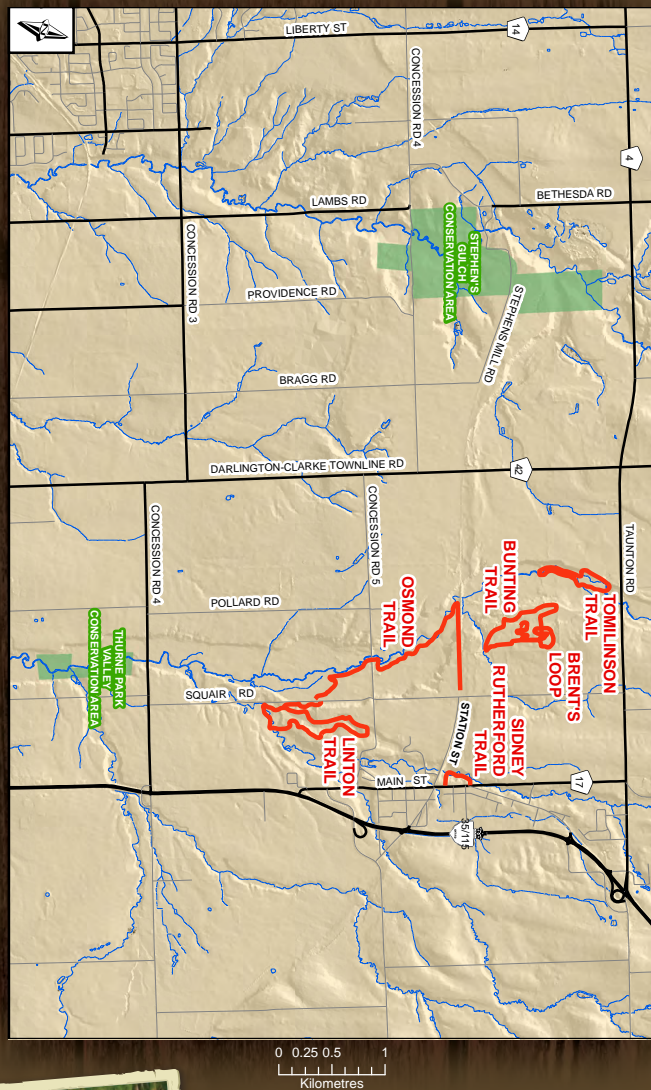
Orono Crown Lands Trust / 905-983-9785 / www.oronocrownlands.com

LENGTH & SURFACE: Various; hard granular and earth

ACCESS POINTS: Ochonski Rd. at Station St. and Concession 5 of Ochonski Rd.

Located just west of the Village of Orono within the Wilmot Creek watershed, these Crown Lands offer significant aquatic resources.

Trails include Tomlinson, Brent's Loop, Bunting, Osmond and Linton.



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Lives!

Leave no trace

Leave the trail just as beautiful as you found it. If you bring food and beverages with you be sure to bring all your garbage back out with you.

MUNICIPALITY OF CLARINGTON

NORTHWEST




Long Sault Conservation Area

Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com
LENGTH & SURFACE: 18 km; earth path **ACCESS POINTS:** Woodley Rd. and Regional Rd. 20. East trail parking located east of main on Regional Rd. 20
FEES: Parking is \$1 an hour, maximum \$4 per day/vehicle

Hilly, forested-covered terrain, Long Sault contains a variety of flora and fauna. Snowshoeing and cross-country skiing are encouraged in the winter on designated trails. 


Enniskillen Conservation Area

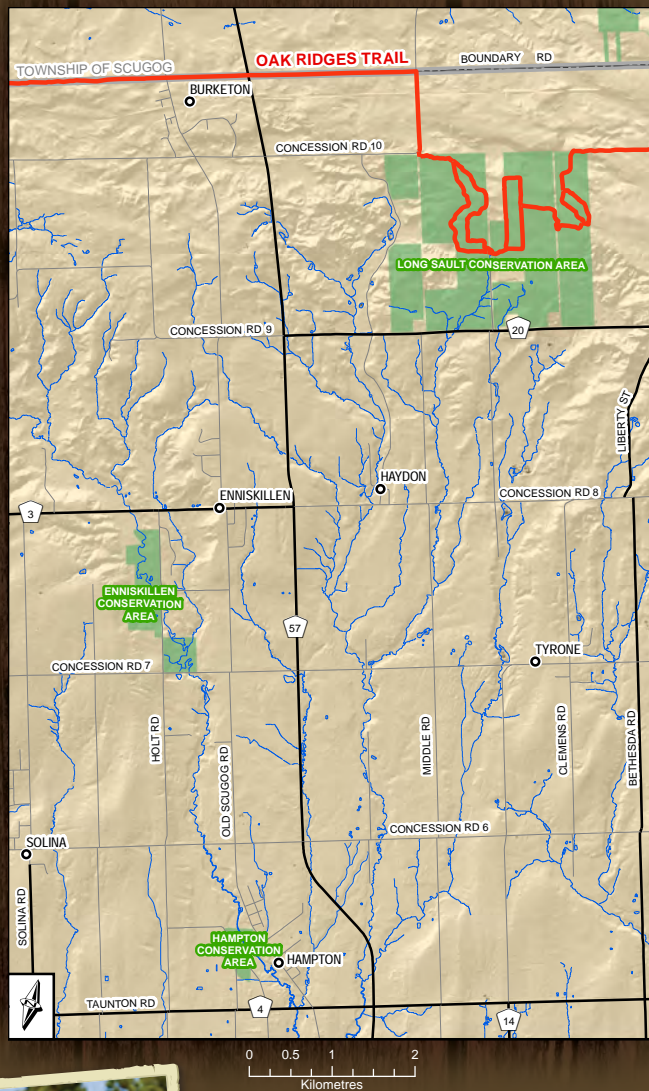
Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com
LENGTH & SURFACE: 3 km; earth paths, boardwalk
ACCESS POINT: Holt Rd., Enniskillen
FEES: \$1 per person, group reservation available

A quiet walk with plenty of nature to view through a mixed and wet cedar forest. Host to two life-filled ponds, on a sunny day turtles may be seen sun bathing. May 1 to Oct. 15. 

Oak Ridges Trail

Oak Ridges Trail Association / 877-319-0285 / www.orta.on.ca
LENGTH & SURFACE: 70 km throughout Durham; natural, boardwalks and bridges in wet areas **ACCESS POINTS:** Trail crosses most north-south roads in Durham

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The trail extends through a very beautiful section of the Durham Forest main tract and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough counties. 



Satisfy your thirst with water

Drink water regularly! It's a calorie-free way to quench your thirst. Be sure to drink more water in hot weather or when you are very active. (Source: Canada's Food Guide)

MUNICIPALITY OF CLARINGTON

NORTH EAST




Ganaraska Forest

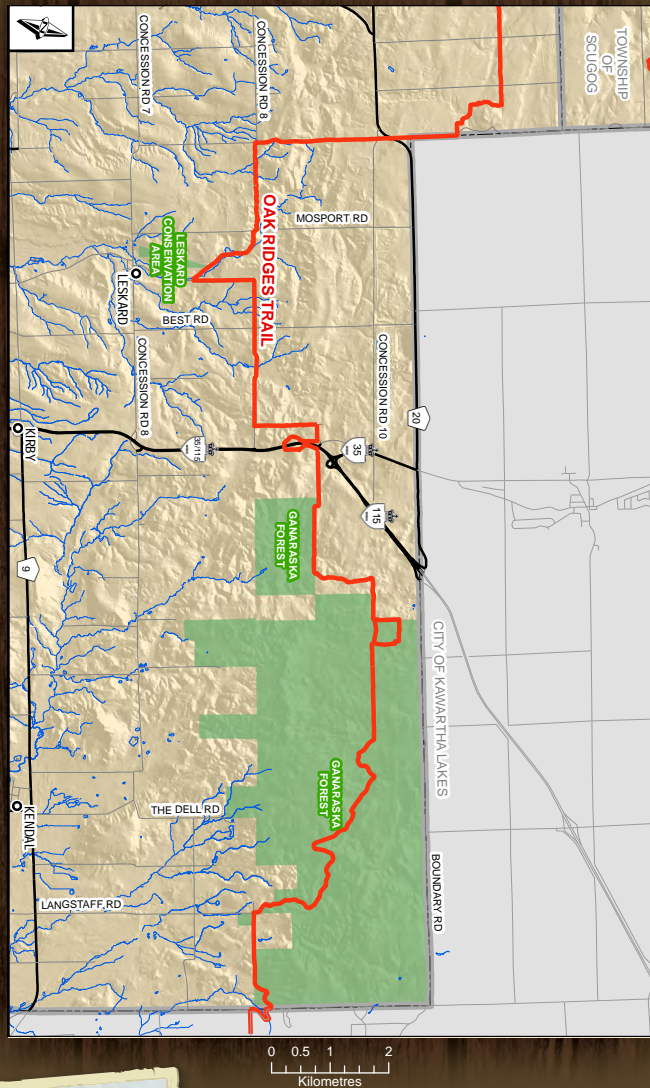
Ganaraska Region Conservation Authority / 905-885-8173 / www.grca.on.ca

LENGTH & SURFACE: Hundreds of kms; dirt, gravel roads, trails

ACCESS POINTS: Ganaraska Forest Centre, north-east of Kendal

FEES: Call for fees and operation dates

South-central Ontario's largest forest totalling 4,200 hectares in size provides outdoor recreational opportunities for both motorized and non-motorized use in designated areas. 



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Make it a family affair

Take your family with you on your outing. It's a great way to spend time together.




TOWNSHIP OF UXBRIDGE

CENTRAL

Trans Canada Trail

Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca
LENGTH & SURFACE: 20 km; rail, woodland, meadow, concession roads, urban
ACCESS POINTS: North – Highway 23, urban Uxbridge, Brookdale Rd. Durham Forest – Highway 21 and Concession 7, Houston and Concession 7, Glen Major – Houston and Concession 7, Townline and Concession 7, Concession 6 at Timber Bros. Pit.

The trail enters Uxbridge via the abandoned CN Rail Line from Lindsay, traverses the Uxbridge urban area and extends south through Brookdale, the Durham Forest, and finally through the Glen Major Complex to the Uxbridge-Pickering Townline. 

Wooden Sticks Trail


Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca
LENGTH & SURFACE: 2 km; paved and natural
ACCESS POINT: Elgin Park Dr.

Wooden Sticks Trail provides a varied walking, running, or cycling experience. It includes a section cut through a dense wooded area, a section through Elgin Park and a part that cuts through and around the Estates of Wooden Sticks housing development and its large pond.



South Balsam Trail

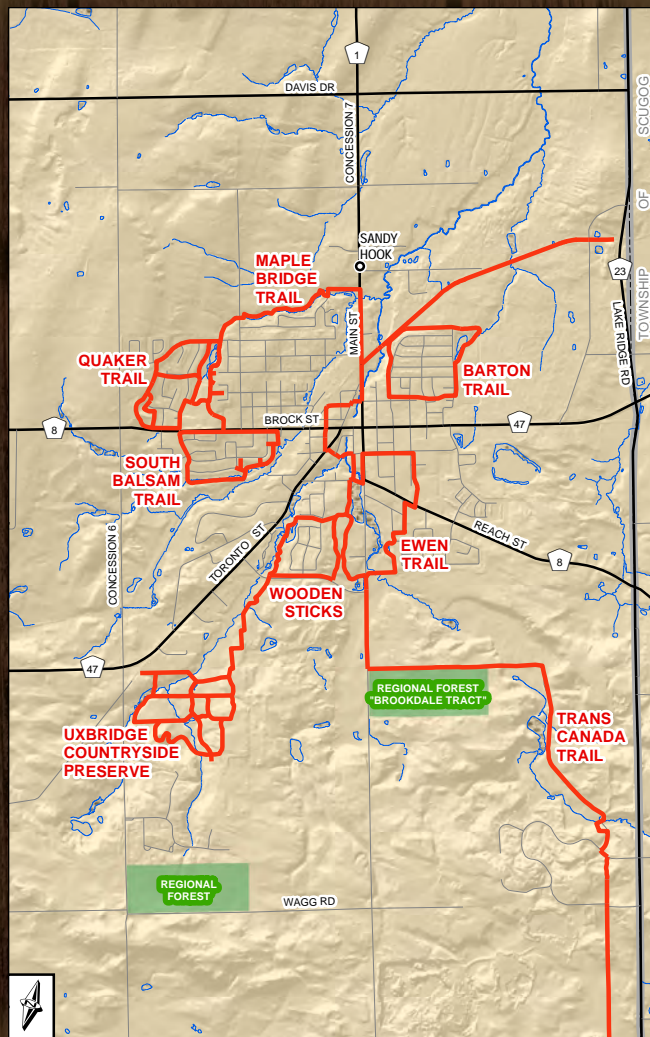
Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca
LENGTH & SURFACE: 2.5 km; paved, dirt, grass, boardwalk
ACCESS POINT: Forsythe Dr.

Provides a variety of outdoor experiences, with about half of the trail winding through forest and newly reforested fields, and about half along town streets. There are benches for peaceful relaxation, access to a pond and a children's playground. 

Quaker Trail

Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca
LENGTH & SURFACE: 2.2 km; paved, dirt, grass
ACCESS POINTS: Bolton Dr., Quaker Village Dr.

Winds around the Quaker Village residential area in northwest Uxbridge, passing through some of the most historic areas of the town's past, with access to the Uxbridge Historical Centre (museum). Features a pond, playgrounds and a wide grassy area for picnics and play.



Tools to enjoy the trails

Observe the unique and special natural surroundings around you. Bring along a magnifying glass, binoculars or camera to explore the many bugs, birds and wildlife you may encounter along the way.



TOWNSHIP OF UXBRIDGE






CENTRAL (Please refer to page 31 for corresponding map)

Uxbridge Countryside Preserve

Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca

LENGTH & SURFACE: 6 km; dirt, grass

ACCESS POINT: Off Brock St. W.






Covers 140 acres of rolling meadowland, woodlands, wetlands and ponds, and an abundance of flora and fauna. It is situated on the Oak Ridges Moraine and contains key natural heritage features. Enjoy the art pedestals, ecological interpretive signs and the spectacular view of the Township from on top of Observation Hill.     

Maple Bridge Trail

Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca

LENGTH & SURFACE: 1.5 km; crushed gravel, dirt

ACCESS POINTS: Oaksid Dr. and Centre Rd.






Sponsored by Mason Homes, Maple Bridge Trail runs along the path of a stream, through lush woodlands with a number of wooden bridges. It is a single path, with a crushed stone base and has an easy connection to the Quaker Trail.     

Ewen Trail

Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca

LENGTH & SURFACE: 3.4 km; paved, dirt

ACCESS POINTS: South end of Elgin Pk.

Covers a variety of countryside and urban scenery, including three ponds, a section through Elgin Park, a route through some thickly wooded areas, and a walk along streets containing some of Uxbridge's historic homes.     

Barton Trail

Township of Uxbridge / 905-852-9181 / www.town.uxbridge.on.ca

LENGTH & SURFACE: 2 km; mostly paved with grassy trail around pond

ACCESS POINT: Herrema Blvd.

Circles the Barton Farms community and passes by Herrema Fields with its playground and covered picnic area, through the residential streets, along woodland sections and by a pond. The trail connects to the Trans Canada Trail which runs along a former railway line.

FIELD NOTES

Rose-breasted grosbeak

Starling-sized bird with a thick cone-shaped beak. Male is black and white with a red throat; female is brown and white with streaked front.



Birds in Durham Region



Durham Region provides a beautiful backdrop for birding enthusiasts. Be sure to bring your binoculars and field guide for an enjoyable bird watching experience, and keep your eyes out for Durham's well-known rose-breasted grosbeak.

Trail use and noxious weeds

Education should always be the trail user's first defence against vegetation such as poison ivy, oak and/or sumac. The best way to avoid contact with these plants is to remain on the trail. For detailed information regarding noxious weeds, contact your local municipality.



(Source: Ontario's Best Trails, 2006. "Trails for All Ontarians Collaborative")

Poison ivy

The rhyme "Leaves of three, let them be" is one good way to remember what poison ivy looks like.



TOWNSHIP OF UXBRIDGE

EAST DUFFINS HEADWATERS

Glen Major – East Duffins Headwaters

Toronto and Region Conservation Authority / 416-661-6600 / www.trca.on.ca

LENGTH & SURFACE: 50 km throughout Durham; earth trail, forest, sand

ACCESS POINTS: Concession 7/Sideline 4; Concession 6/Westney Rd. north of Uxbridge-Pickering Townline

Part of the Duffins Creek Watershed, Glen Major is a beautiful forested area with many marked loop trails as well as the Trans Canada Trail.

This expansive multi-use trail network provides breathtaking vistas and natural heritage features. 

Walker Woods – East Duffins Headwaters

Toronto and Region Conservation Authority / 416-661-6600 / www.trca.on.ca

LENGTH & SURFACE: 50 km throughout Durham; earth trail, forest, sand

ACCESS POINTS: Concession 7; Concession 6 and Albright Rd.

Part of Duffins Creek Watershed stretches from the Oak Ridges Moraine to Lake Ontario and covers 28,300 hectares. Walker Woods and North walk are natural, forested areas with many marked loop trails as well as the Oak Ridges and Trans Canada Trails. 

Oak Ridges Trail

Oak Ridges Trail Association / 877-319-0285 / www.orta.on.ca

LENGTH & SURFACE: 70 km throughout Durham; natural, boardwalks and bridges in wet areas

ACCESS POINTS: Trail crosses most north-south roads in Durham

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The Moraine passes through some of the most beautiful countryside in southern Ontario, as well as some built-up areas.

Goodwood Tract

LENGTH & SURFACE: 3 km; all natural, forested with some road crossings

ACCESS POINTS: Concession 2 and 3

Second Forest

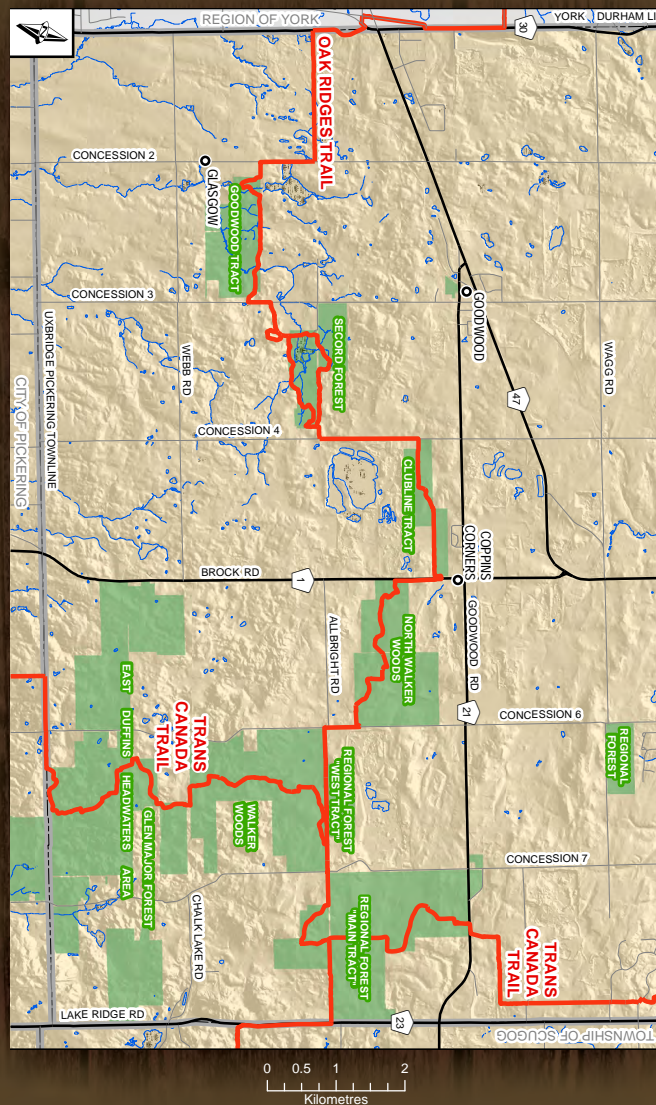
LENGTH & SURFACE: 5 km; all natural, forested with some road crossings

ACCESS POINTS: Second Rd., Concession 4 south of Goodwood

Clubline Tract

LENGTH & SURFACE: 2 km; all natural, forested with some road crossings

ACCESS POINTS: Concession 4, Brock Rd. south of Coppins Corners




Durham Regional Forest

Lake Simcoe Region Conservation Authority / 905-895-1281 / www.lsrca.on.ca

LENGTH & SURFACE: Over 40 km; gravel and sand, double and single track trails

ACCESS POINT: Main Tract, 3789 Concession 7 south of Durham Rd. #21

The Durham Regional Forest consists of 596 hectares on six properties, located south of the Town of Uxbridge. The area is comprised of plantation forests established over 70 years ago, as well as mixed hardwood areas. The main tract encompasses a 363 hectare area that is located at the top of the Oak Ridges Moraine, and is renowned for its excellent cross-country skiing, mountain biking, hiking and horseback riding. 

TOWNSHIP OF BROCK

BEAVERTON




Kirk's Walk

Township of Brock / 705-432-2355 / www.townshipofbrock.ca

LENGTH & SURFACE: 300 m; cement, gravel

ACCESS POINT: Beaverton Harbour


Kirk's Walk is located in Beaverton Harbour Park approximately 1,000 feet on pier. Washrooms and parking are available. The trail is comprised of gravel and cement on the pier portion. 

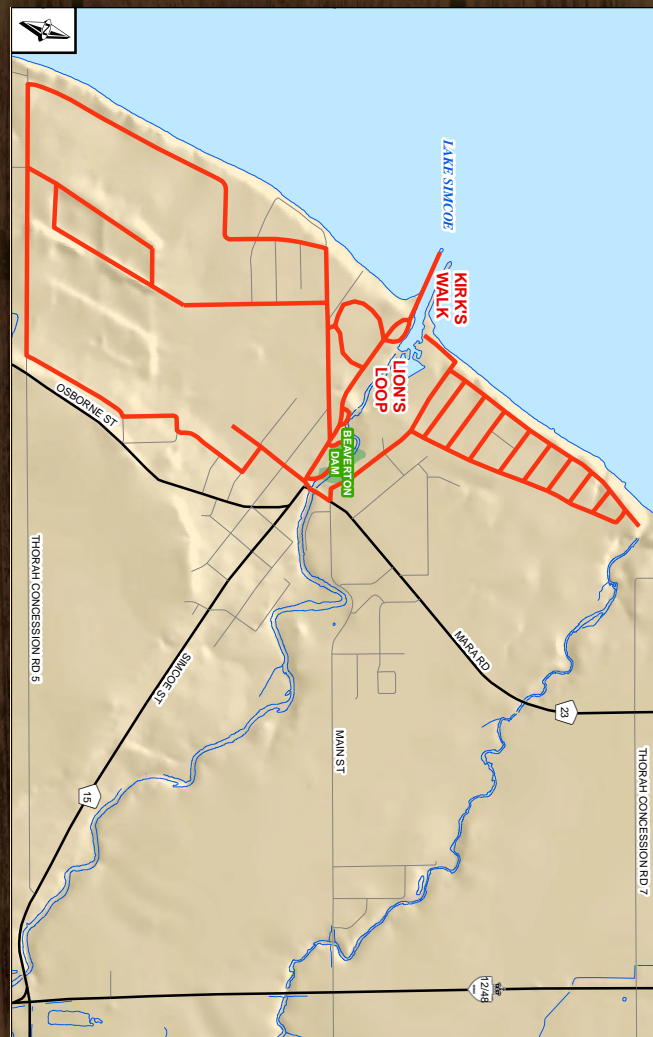
Lion's Loop

Township of Brock / 705-432-2355 / www.townshipofbrock.ca

LENGTH & SURFACE: 900 m; gravel

ACCESS POINT: Beaverton Fairgrounds

Trail is a loop approximately 900 feet in length. It is compacted limestone and can be utilized by wheelchairs. Trail links to Beaverton Harbour. A great place to exercise and enjoy Lake Simcoe. 



DURHAM
Lives!

Cycling/in-line skating safety

Wear CSA approved safety equipment appropriate to the activity including: helmets, wrist guards, knee/elbow pads.



TOWNSHIPS OF BROCK & SCUGOG



Beaver River Wetland Conservation Area and Trail

Lake Simcoe Region Conservation Authority / 905-895-1281 / www.lsrca.on.ca

LENGTH & SURFACE: 17 km; gravel **ACCESS POINTS:** Blackwater, Brock Concessions 4, 5, 6, 7, 11, Highway 7

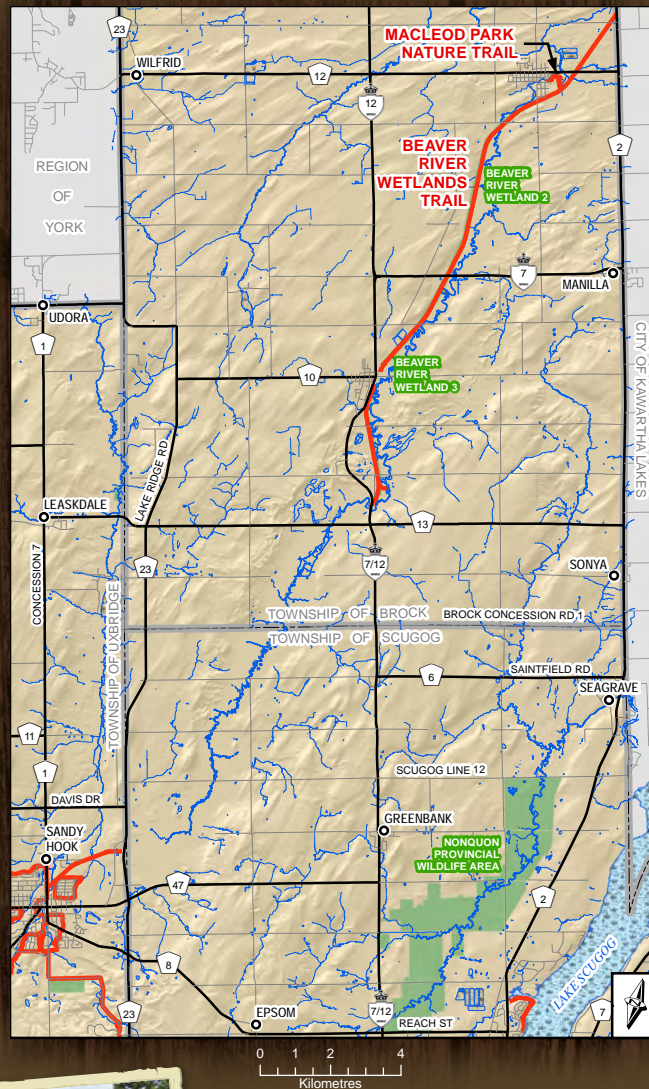
An abandoned railway line that has been transformed into a scenic trail that cuts through the Beaver River wetland from Blackwater to Cannington.

MacLeod Park Nature Trail

Cannington Horticultural Society / www.geocities.com/cannhort.ca

LENGTH & SURFACE: 2.5 km; woodchips and natural surface
ACCESS POINT: MacLeod Pk.

This year-round nature trail forms a loop through Cannington's MacLeod Park. Your walk or cycle will take you through meadows, woodland, the banks of the Beaver River to Cannington's Centennial Museum.



TOWNSHIPS OF BROCK & SCUGOG



DURHAM
Lives!

Be sun safe

Use a sunscreen with a SPF of at least 15 on exposed skin.
Being sun safe year round will help prevent skin cancer.
For more information visit www.durham.ca/sunsafety

TOWNSHIP OF SCUGOG

SOUTH EAST

Port Perry Waterfront Trail

Township of Scugog / 905-985-7346 / www.scugog.ca
LENGTH & SURFACE: 2 km; paving stones, limestone, grass
ACCESS POINTS: Queen St., Casimir St., Mary St.

Enjoy the beauty and serenity of the shores of Lake Scugog while walking on a newly constructed walkway. This trail has numerous links including a water park, downtown shopping/restaurants and the Millenium Trail.



Canterbury Common Loop

Township of Scugog / 905-985-7346 / www.scugog.ca
LENGTH & SURFACE: 2.4 km; limestone base **ACCESS POINT:** Coulter St.

Wander down the Canterbury Common Trail at the east end of Coulter St. Enjoy the view of both the Waterfront and the golf course and gardens within the subdivision. Outlook at point.

Perryview Park Loop

Township of Scugog / 905-985-7346 / www.scugog.ca
LENGTH & SURFACE: 2.0 km; paved and limestone paths
ACCESS POINTS: Greenway Blvd., Union St.

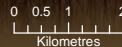
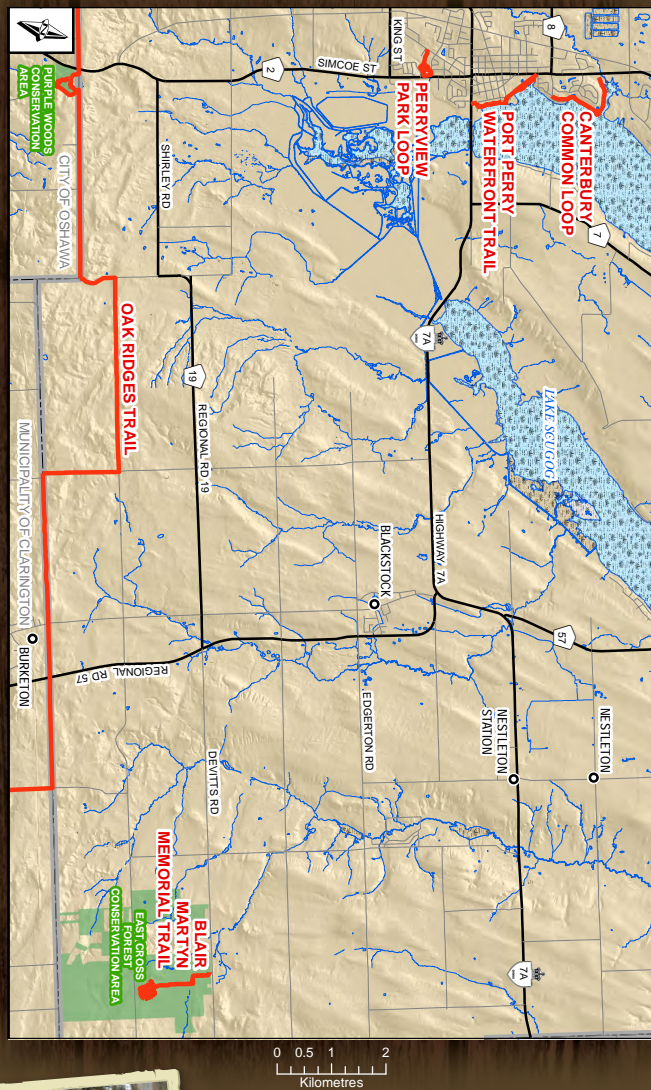
This loop includes Robins Trail and Perryview Park (future Dr. Bruce Park) and connects to the Victorian Village Loop through various linkages. Enjoy the various playgrounds and scenic views while strolling along this loop.



Durham East Cross Forest Conservation Area

Kawartha Conservation / 705-328-2271 / www.kawarthaconservation.com
LENGTH & SURFACE: 6 km **ACCESS POINT:** 4560 Devitts Rd.

Durham East Cross Forest Conservation Area is a 1,134 acre natural area located on the Oak Ridges Moraine, a significant landform that protects the quality and volume of groundwater available in this region. During your visit, you will find a mosaic of ecosystems, including meadows, forests, plantations, and remnants of prairies and sand dunes.



DURHAM
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Have you tried Geocaching?

Geocaching is an outdoor treasure-hunting game where adventurers use a GPS to hide and seek treasure containers called geocaches. Simply enter the coordinates for a cache into the GPS and you will find your treasure. For more information visit www.geocaching.com



TOWNSHIP OF SCUGOG

SOUTH WEST

Oak Ridges Trail

Oak Ridges Trail Association / 877-319-0285 / www.orta.on.ca
LENGTH & SURFACE: 70 km throughout Durham; natural, boardwalks and bridges in wet areas

ACCESS POINTS: Trail crosses most north-south roads in Durham

The Oak Ridges Moraine is a unique geographical formation that stretches from the Niagara Escarpment in the Town of Caledon, eastward to the Trent River watershed, east of Peterborough. The trail extends through a very beautiful section of the Durham Regional Forest main tract and east through Durham Region, into City of Kawartha Lakes, Northumberland and Peterborough counties.



Purple Woods Conservation Area

Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com

LENGTH & SURFACE: 2 km; granular

ACCESS POINTS: Simcoe St. N. and Coates Rd., City of Oshawa

FEES: Admission fee for Maple Syrup Festival only

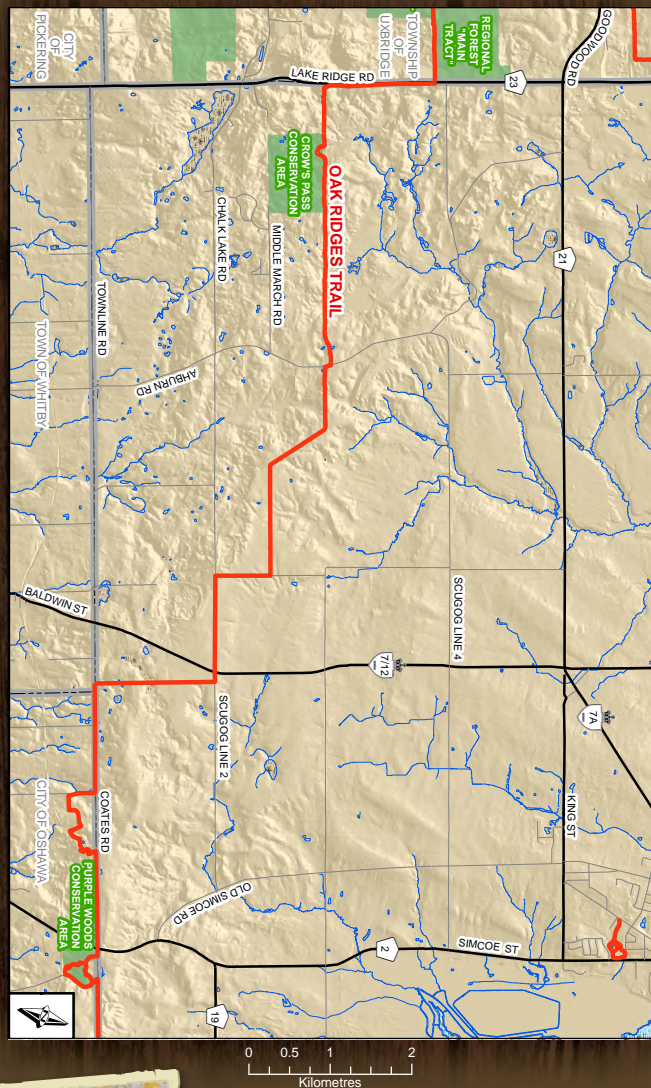
Open mid-March to Thanksgiving, Purple Woods is located on the Oak Ridges Moraine with a wonderful southern view. The site of the Authority's annual maple Syrup Festival in mid-March. Discover how syrup is made from early native methods to the modern methods of today.

Crow's Pass Trail – Crow's Pass Conservation Area

Central Lake Ontario Conservation / 905-579-0411 / www.cloca.com

LENGTH & SURFACE: 2.2 km looping; forest floor **ACCESS POINTS:** N/A

Open May 1 to Thanksgiving, Crow's Pass C.A. contains a section of the Oak Ridges Moraine Trail. **Please note:** A section of Middle March Road is designated as unimproved road allowance. **Caution:** watch for golfers where a golf fairway crosses the road allowance.



DURHAM
Lives!

Cope With Cravings

Even a brisk 5 minute walk can help to reduce or get rid of cigarette cravings as well as double the amount of time before the next craving.



Explore our Trails

Open year round, the Conservation Authorities within the Region of Durham host over 300 kms of trails for your enjoyment.

Pick between a leisurely stroll, cross-country skiing or a challenging mountain bike ride to name a few. Whatever you choose, remember to bring your camera!

More information is available online:



www.cloca.com



www.grca.on.ca



www.kawarthaconservation.com



Lake Simcoe
Region
Conservation
Authority

www.lsrca.on.ca



www.trca.on.ca

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**Enjoy Durham's trails
en route to your work
or transit stop.**

Smart Commute Durham also
offers a ride-matching website for
carpooling at www.carpoolzone.ca.



www.smartcommutedurham.ca



Acknowledgements: This Guide was produced by the Region of Durham and Durham Lives with graphic design by Lucky Cat Design and input from the Durham Trails Coordinating Committee. Photographs donated by various tourism partners and the Region of Durham. All information contained in this publication is believed to be accurate and complete at the time of printing. Since much of this information is subject to change, we assume no liability for any damages or loss arising from errors, omissions or information given in any of the listings included in this publication.

PRINTED IN CANADA 2010





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www.durhamlives.org



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