Wearing a Mask 101

A 3 layer mask is best as it traps more particles

Why is everyone wearing a mask?

Wearing a mask is one way to help stop the spread of COVID-19. It will help keep everyone at school healthy and safe.

What does a mask do?

Wearing a mask protects your friends from your germs. It blocks the tiny droplets you breathe out from getting on anyone else. It will also catch any germs if you cough or sneeze.

What else can I do to protect myself from COVID-19?

Wash your hands!

Try and keep a physical distance from others when you can.

Listen to your teachers, bus drivers, and other school staff. They are working hard to keep you safe!

Can I share my mask with my friends?

No you should not share your mask with your friends. You do not want them to be exposed to your germs which are on your mask.

How do I wear a mask?

Step 1: Wash hands

Step 2: Put ear loops over ears

Step 3: Try not to touch mask

Step 4: Take off with ear loops

Step 5: Store mask in a clean labelled container

Step 6: Wash hands

Take mask off if it is wet or dirty, or if you need to eat.