

Manicures and Pedicures

Before the Service:

- Client's nails must be examined for cuts, rashes, sores, nail fungus, or other skin infections.
- **Do not provide service** to clients with cuts, rashes, sores, or nail fungus. Recommend client seek medical attention.
- Perform hand hygiene.

You do not have to see blood or bodily fluids on instruments for an infection to occur.

Nail Service Equipment:

- All reusable nail service equipment and instruments (e.g., metal/glass/stainless steel files, reusable drill bits, clippers, nippers) must be cleaned and disinfected (intermediate to high-level disinfection) between clients.
- Razor blades used for pedicures must be pre-packaged and single-use.
- Discard razor blades immediately after use in an approved sharps container.
- Approved sharps containers must be located in the area that the sharp item is used.
- Equipment and instruments that cannot be properly cleaned and disinfected between clients are single-use (e.g., foam or sponge core buffer blocks and files, Hindu stones, pumice stones, sanding bands) and must be discarded after each use.
- The storage of individual client's single-use, disposable items for future use is NOT permitted.
- Equipment/items brought in by the client for use on the client is NOT permitted.
- Reusable foot files must be cleaned with a brush and disinfected in an intermediate to high-level disinfectant between clients. If the varnish is no longer sealed, the foot file must be discarded.
- "Ultraviolet (UV) light" and "glass bead" sterilizers are not approved for sterilization or disinfection. UV light units may be used as only storage.

Foot Baths / Spas ↗



Durham Health Connection Line

905-668-2020 or 1-800-841-2729
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This information is available in accessible format, contact 1-800-841-2729.
Source: Guide to Infection Prevention and Control in Personal Service Settings, Public Health Ontario, July 2019.

Foot Baths/Spas

*****Clients who have open cuts on their feet and legs should not use the foot bath*****

Several mycobacterial outbreaks have been linked to the improper cleaning and disinfecting of foot baths / spas. To prevent infections, the following steps must be followed:

Between clients:

- Drain the foot bath of all water.
- Clean all surfaces with water and detergent using a scrubbing/cleaning brush, including filter/screen that can be removed without a screwdriver (e.g., magnet screen).
- Fill the foot bath with detergent and water to above the fill line and circulate the solution for 5 minutes.
- Drain and rinse to remove any leftover solution.
- Fill the foot bath with an intermediate-level disinfectant (e.g., 1:50 bleach solution*) and circulate the solution, then let sit for at least 10 minutes, including the filter/screen.
- Drain the disinfectant.
- Fill the foot bath again to above the fill line and circulate for a few minutes to rinse out the remaining disinfectant where required.
- Drain and dry before use by the next client.

***NOTE:** A typical foot bath contains 20 L of water. Use 404 mL of bleach (1.7 cups).

At the end of the day (for filter/screen that require a screwdriver to remove):

- Drain the foot bath of all water.
- Remove the recirculation filter/screen cover from the unit.
- Remove any debris collected.
- Clean the filter/screen thoroughly with soap and water.
- Rinse with clean water.
- Fill the foot bath with detergent and water to above the fill line and circulate the solution.
- Empty the cleaning solution.
- Fill the foot bath with clean water and circulate the rinse water.
- Empty the rinse water.
- Fill the foot bath with an intermediate-level disinfectant and circulate the solution, then let sit for at least 10 minutes, including the filter/screen.

If a disinfectant other than bleach is used, it must be effective against mycobacteria and be used following the manufacturer's instructions for use (MIFU) regarding concentration and contact time in order to kill mycobacteria.

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