

# Child Care Centre Cleaning and Disinfecting Schedule Infant & Toddler Rooms

## Important:

- Frequencies are minimum requirements during non-outbreak periods and must be increased as necessary.
- Sufficient staff supervision is required to ensure contaminated items are removed immediately and not shared.

| PLAY / SLEEP AREAS   | WHAT TO DO                            | After Each Use      | Daily | Weekly | Monthly        |
|--|---------------------------------------|---------------------|-------|--------|----------------|
| Cloth / plastic bibs   | Launder / Clean & disinfect           | X                   |       |        |                |
| High chair trays / table tops  | Clean & disinfect                     | X                   |       |        |                |
| Mouthed / contaminated toys  | Clean & disinfect                     | X                   |       |        |                |
| Waterplay toys / table (no group water play for diapered children)           | Clean & disinfect                     | X                   |       |        |                |
| Diaper change mat  | Clean & disinfect                     | X                   |       |        |                |
| Diaper hand wash sink  | Clean & disinfect                     |                     | X     |        |                |
| Diaper change table / underside of mat                                       | Clean & disinfect                     |                     | X     |        |                |
| Floors   | Dry sweep & wet mop                   |                     | X     |        |                |
| Floor mats (e.g., vinyl)   | Clean & disinfect                     |                     | X     |        |                |
| Carpets / area rugs  | Vacuum (steam clean monthly)          |                     | X     |        |                |
| Floors beneath area rugs   | Sweep                                 |                     |       | X      |                |
| Fabric upholstered furniture   | Vacuum (steam clean 2x / year)        |                     |       | X      |                |
| Linen / bedding / slip covers  | Launder                               |                     |       | X      |                |
| Cribs / cots   | Clean & disinfect                     | X (if not labelled) |       |        | X              |
| High chair seat and frame  | Clean & disinfect                     |                     |       | X      |                |
| Absorbent materials (e.g., dress-up clothes, plush toys, puzzles, cardboard) | Launder / Clean & disinfect / Discard |                     |       | X      |                |
| Toys (includes large toys) / shelving  | Clean & disinfect                     |                     |       | X      |                |
| Play-dough / other moist sensory products with < 30% salt                    | Discard                               |                     |       | X      |                |
| Sensory play items   | Discard / Clean & disinfect           |                     |       | X      |                |
| Sensory play table   | Clean & disinfect                     |                     |       | X      | X (sand table) |
| Natural items (e.g., bird's nest, stones)                                    | Discard / Clean & disinfect           |                     |       | X      |                |
| Sensory play – sand  | Discard                               |                     |       |        | X              |

| WASHROOMS                          | WHAT TO DO        | After Each Use | Daily | Weekly |
|------------------------------------|-------------------|----------------|-------|--------|
| Cloth towels                       | Launder           | X              |       |        |
| Combs & brushes (shared)           | Clean & disinfect | X              |       |        |
| Potty chairs                       | Clean & disinfect | X              |       |        |
| Hand wash sinks / toilets / floors | Clean & disinfect |                | X     |        |
| Garbage containers                 | Empty             |                | X     |        |
| Garbage containers                 | Clean & disinfect |                |       | X      |
| Toothbrush storage unit            | Clean & disinfect |                |       | X      |

## Remember:

- Cleaning and disinfecting are 2 separate steps! Refer to [Cleaning and Disinfection in CCCs](#) fact sheet.
- During an outbreak, contact the Health Department for further recommendations.



Durham Health Connection Line  
905-668-2020 or 1-800-841-2729  
[durham.ca/childcare](http://durham.ca/childcare)

