



Durham Region Health Department FAX about...

For Health Care Professionals



COVID-19 Therapeutic Clinic

On January 17, 2022, the oral antiviral Paxlovid was approved by Health Canada for eligible adults with COVID-19. A COVID-19 Therapeutic Clinic opened on January 26, 2022 at Lakeridge Health's Ajax Pickering Hospital (580 Harwood Avenue South). The clinic provides treatment with antiviral medication (including Paxlovid) to adults with mild to moderate COVID-19 symptoms who are eligible and at high risk of progressing to serious illness. **The clinic is available by appointment only** and will take referrals from COVID-19 Assessment Centres, Cold and Flu Clinics, and community providers, working with them to determine the most appropriate treatment for eligible individuals.

Identifying Clients at Higher Risk for Severe Disease

The following individuals may be at higher risk of severe disease and may be eligible for outpatient therapies:

- Immunocompromised individuals aged 18 and over regardless of vaccine status
 - Active treatment for solid tumor and hematologic malignancies, receipt of solid-organ transplant and taking immunosuppressive therapy, receipt of chimeric antigen receptor (CAR)-T-cell or hematopoietic stem cell transplant (within 2 years of transplantation or taking immunosuppression therapy), moderate or severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome, common variable immunodeficiency, Good's syndrome, hyper IgE syndrome), advanced or untreated HIV infection, active treatment with high-dose corticosteroids (i.e., ≥ 20 mg prednisone or equivalent per day when administered for ≥ 2 weeks), alkylating agents, antimetabolites, transplant-related immunosuppressive drugs, cancer chemotherapeutic agents classified as severely immunosuppressive, tumor-necrosis factor (TNF) blockers, and other biologic agents that are immunosuppressive or immunomodulatory
- Unvaccinated individuals over 60
- Unvaccinated First Nations, Inuit, and Métis individuals over 50
- Unvaccinated individuals over 50 with one or more risk factors
 - Risk factors include obesity (BMI ≥ 30), dialysis or stage 5 kidney disease, diabetes, cerebral palsy, intellectual disability of any severity, sickle cell disease, receiving active cancer treatment, solid organ or stem cell transplant recipients
- Pregnant individuals (although they cannot receive Paxlovid, they can be referred to the Scarborough Health Network Monoclonal Clinic where additional treatments are available).

For additional details on which clients are considered at higher risk of severe disease and may be eligible for outpatient therapies please see the Ontario Science Table [Recommended Drugs and Biologics in Adult Patients with COVID-19](#) (specifically the footnotes at the end of the document).

over...

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.



Accessing the COVID-19 Therapeutic Clinic

Symptomatic individuals who are at higher risk of serious illness and hospitalization (e.g., those individuals listed above being considered for COVID-19 treatment), should seek testing (even if vaccinated) at a COVID-19 Assessment Centre by completing the form at covid19swab.lh.ca or by calling 905-721-4842 if unable to book online.

Community providers can refer to the COVID-19 Therapeutic Clinic by faxing the intake form (attached) to 905-831-8326. The clinic runs Monday to Sunday 0800 to 1600hrs. Clients need to have a positive COVID-19 test (PCR, RAT, or pending) and symptom onset must be within the last 5 days.

Paxlovid must be administered within 5 days of symptom onset so please ensure timely referral.

For questions regarding clinic operation and logistics please contact ctc@lh.ca.

February 3, 2022

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**Lakeridge
Health**

COVID-19 Therapeutic Clinic

580 Harwood Avenue S. Ajax
Telephone: 905-985-4721 Fax: 905-831-8326 Email: CTC@lh.ca
Hours of operation: Monday to Sunday 0800 to 1600

Name: _____
DOB: _____
HCN: _____

*****PLEASE ENSURE THE PATIENT HAS A FULL LIST OF MEDICATIONS, INHALERS, AND SUPPLEMENTS AVAILABLE TO REVIEW WITH THE CLINIC*****

CLINIC EXCLUSIONS (Refer to SHN monoclonal clinic instead)

- On dialysis or eGFR <30
- Pregnancy
- >5 days symptoms, but less than 7 days
- If able to attend SHN clinic: Solid organ transplant, hematologic stem cell transplant, active treatment for hematologic malignancy, chimeric antigen receptor (CAR)-T-cell therapy

CLINIC INCLUSIONS: (check all that apply)

Date of positive covid test: _____ / _____ / _____ Test: RAT PCR Pending

Date of symptom onset (must be <5 days): _____ / _____ / _____

- Willing to take COVID therapy and to travel or have someone travel to clinic at LHAP to receive therapy
- Expected survival greater than one year from all causes

At high risk of progression to severe disease (Tier 1 or Tier 2 risk in provincial guidelines)

Vaccination Status: 0 1 2 3 or more

Age: ≥ 50 yrs ≥ 60 years ≥ 70 yrs

Immunocompromised (check relevant condition(s)):

- | | |
|--|---|
| <input type="checkbox"/> Solid organ or bone marrow transplant, CAR T-cell therapy | <input type="checkbox"/> Congenital immunodeficiency |
| <input type="checkbox"/> Anti-CD 20 agent | <input type="checkbox"/> Anti-TNF blockers or other biologic agents |
| <input type="checkbox"/> Alkylating agents, anti-metabolites | <input type="checkbox"/> Taking chronic oral corticosteroid (greater than 20 mg/d prednisone equivalent for >2 weeks) |
| <input type="checkbox"/> Advanced or untreated HIV | |

Risk Factors:

- | | |
|---|--|
| <input type="checkbox"/> Indigenous | <input type="checkbox"/> Dialysis OR Stage 5 chronic kidney disease (eGFR < 15 mL/min) |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Intellectual disability of any severity |
| <input type="checkbox"/> BMI ≥ 30 | <input type="checkbox"/> Sickle cell disease |
| <input type="checkbox"/> Cerebral palsy | |

Was patient prescribed COVID therapy?: Fluvoxamine Budesonide No

Referring Physician (Print Name)

Referring Physician Billing No.

Referring Physician (Signature)

Date

