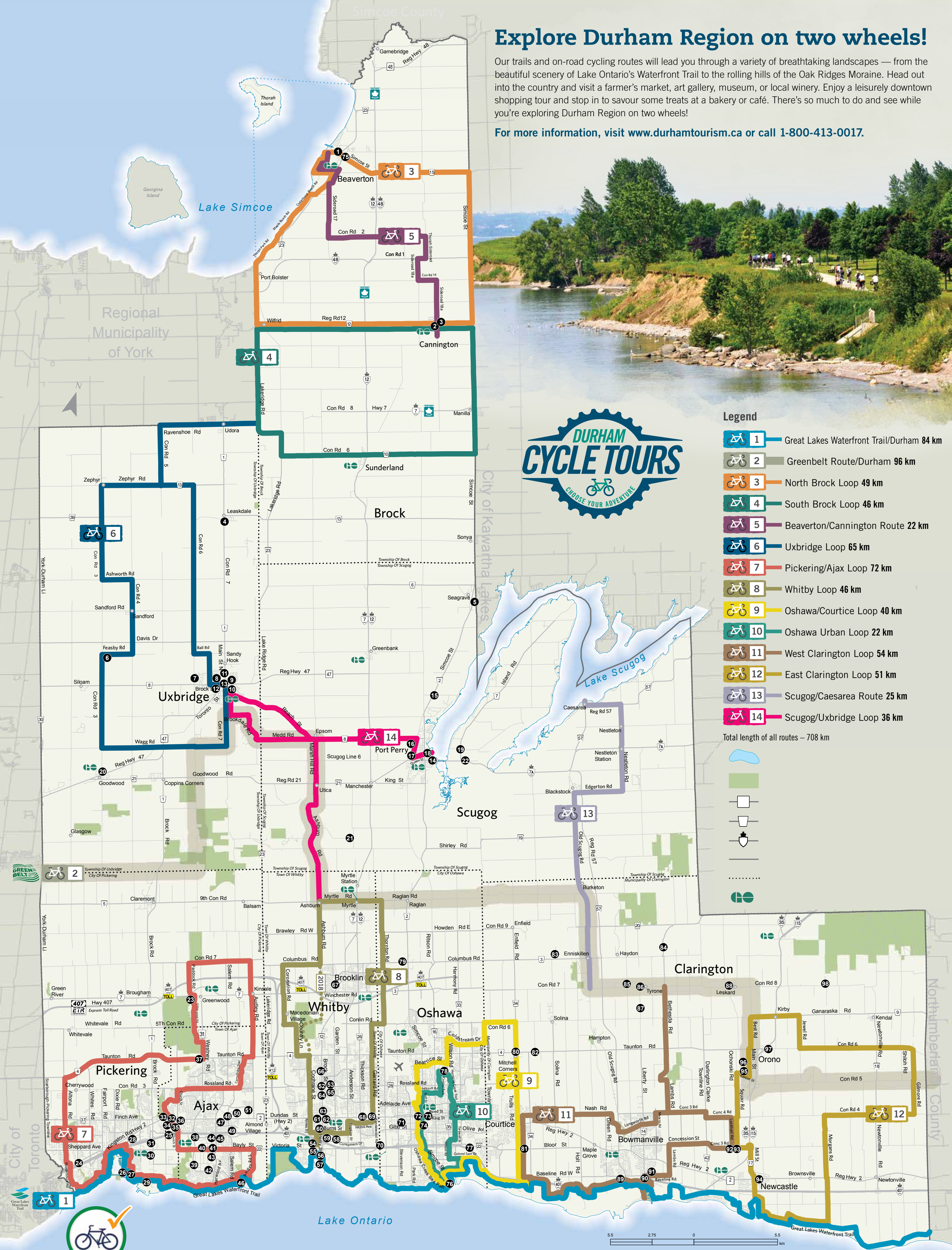


Explore Durham Region on two wheels!

Our trails and on-road cycling routes will lead you through a variety of breathtaking landscapes — from the beautiful scenery of Lake Ontario's Waterfront Trail to the rolling hills of the Oak Ridges Moraine. Head out into the country and visit a farmer's market, art gallery, museum, or local winery. Enjoy a leisurely downtown shopping tour and stop in to savour some treats at a bakery or café. There's so much to do and see while you're exploring Durham Region on two wheels!

For more information, visit www.durhamtourism.ca or call 1-800-413-0017.



- Legend**
- 1 Great Lakes Waterfront Trail/Durham 84 km
 - 2 Greenbelt Route/Durham 96 km
 - 3 North Brock Loop 49 km
 - 4 South Brock Loop 46 km
 - 5 Beaverton/Cannington Route 22 km
 - 6 Uxbridge Loop 65 km
 - 7 Pickering/Ajax Loop 72 km
 - 8 Whitby Loop 46 km
 - 9 Oshawa/Courtice Loop 40 km
 - 10 Oshawa Urban Loop 22 km
 - 11 West Clarington Loop 54 km
 - 12 East Clarington Loop 51 km
 - 13 Scugog/Caesarea Route 25 km
 - 14 Scugog/Uxbridge Loop 36 km
- Total length of all routes – 708 km

The Ontario By Bike Network is a great resource when planning a cycling trip or outing in Durham Region. Accommodations, restaurants, cafes, attractions, visitor information centres, bike stores and other businesses participating in the Ontario By Bike Network have been certified as bicycle friendly and are taking the extra steps to provide specialized services and amenities that cater to your needs as a cyclist. These may include secure overnight bike storage and daytime bike parking, healthy food options, cycling information and access to washrooms, water and rest areas.

Whether you're bringing your own bike or looking to rent one, planning your own route or wanting to take a guided tour, the Ontario By Bike Network will inspire you to explore more of Durham Region by bike.

Visit www.ontariobybike.ca/durham to find cycling resources, links and map location points for certified bicycle friendly businesses across Durham Region and beyond.

- Accommodations**
- 79 Anderson House Bed & Breakfast 120 Columbus Rd. W., Oshawa www.andersonhousebb.com
 - 22 Bed and Breakfast at the Ranch 2250 Hwy. 7a, Port Perry www.bbcanada.com/13284.htm
 - 46 Before the Mast B&B 1144 Shoalpoint Rd., Ajax www.beforethemast.ca
 - 24 Comfort Inn - Pickering 533 Kingston Rd., Pickering www.choicehotels.ca/cn291
 - 17 Heath Haven Bed & Breakfast 88 Heath Cr., Port Perry www.heath-haven.com
 - 49 Hilton Garden Inn Toronto/Ajax 500 Beck Cres., Ajax www.torontoajax.hgi.com
 - 89 Holiday Inn Express & Suites Bowmanville 37 Spicer Square, Bowmanville www.hiexpress.com/bowmanvilleon
 - 59 Holiday Inn Express Whitby/Oshawa 180 Consumers Dr., Whitby www.expresswhitby.com
 - 97 Jungle Cat World - Safari Lodge 3667 Concession Rd. 6, Orono www.junglecatworld.com/bed_breakfast.html
 - 98 Kendal Hills Country Vacations 8075 Maynard Rd., Orono www.kendalhills.ca

- 73 La Quinta Hotel and Suites Downtown Oshawa 63 King St. E., Oshawa www.laquintaoshawa.com
 - 85 Model A Acres Bed & Breakfast 7090 Middle Rd., Bowmanville www.modelaacres.com
 - 83 Our Valley View Bed & Breakfast 50 Barton Rd., Enniskillen www.ourvalleyviewbnb.com
 - 78 Paddington Place Bed & Breakfast 413 Paddington Cres., Oshawa www.paddingtonplace.com
 - 77 Quality Hotel & Conference Centre Oshawa 1011 Bloor St. E., Oshawa www.qualityhotelloshawa.com
 - 58 Residence Inn by Marriott Whitby 160 Consumers Dr., Whitby www.marriott.com/jyzwy
 - 88 The Hive Centre and Bee & Bee 3392 Concession Rd. 8, Leskard www.TheHiveCentre.ca
 - 84 The Stone Coach House Bed & Breakfast 8297 Liberty St. N., Bowmanville www.bbcanada.com/thestonecoachhouse
 - 70 Travelodge Oshawa - Whitby 940 Champlain Ave., Oshawa www.travelodgeoshawa.ca
 - 6 Uxbridge Manor and Spa 321 Feasby Rd., Uxbridge www.uxbridgemanor.com
 - 16 Willow Pond Satellite Bed and Breakfast 103 Sherrington Dr., Port Perry www.bbcanada.com/willowpond
- Attractions**
- 94 A Gift of Art 187 King Ave. E., Newcastle www.agiftof-art.com
 - 43 Ajax Rock Oasis 75 Centennial Rd., Ajax www.rockoasis.com/ajax-home.html
 - 1 Beaver River Museum 284 Simcoe St., Beaverton www.btrmhs.com
 - 12 Blue Heron Books 62 Brock St. W., Uxbridge www.blueheronbooks.com
 - 74 Canadian Automotive Museum 99 Simcoe St. S., Oshawa www.canadianautomotivemuseum.com
 - 81 Courtice Flea Market 1696 Bloor St., Courtice www.courticefleamarket.com

- 56 Fisherman's Paradise Charters 301 Watson St. W., Whitby www.fishermansparadise.ca
- 4 L.M. Montgomery National Historic Site 11909 Regional Rd. 1, Leaskdale www.lucymaudmontgomery.ca
- 5 Lavender-Blu Artisan Studio and Farm 2375 Bank Rd., Seagrave www.lavender-blu.com
- 60 Lynde House Museum 900 Brock St. S., Whitby www.lyndehousemuseum.com
- 51 OLG Slots at Ajax Downs 50 Alexander's Crossing, Ajax www.olgslotsandcasinos.ca/ajax-downs
- 71 Oshawa Centre 419 King St. W., Oshawa www.oshawacentre.com
- 76 Oshawa Museum 1450 Simcoe St. S., Oshawa www.oshawamuseum.org
- 23 Pickering Museum Village 2365 Concession Rd. 6, Greenwood www.pickering.ca/museum
- 29 Pickering Nuclear Information Centre 1675 Montgomery Park Rd., Pickering www.opg.com/community
- 28 Pickering Town Centre 1355 Kingston Rd., Pickering www.pickeringtowncentre.com
- 82 Pingle's Farm Market 1805 Taunton Rd. E., Hampton www.pinglesfarmmarket.com
- 93 "R" FARM 3388 Concession 3, Newcastle www.rfarmfresh.ca
- 19 Scugog Shores Museum 16210 Portview Rd., Port Perry www.scugogshoresmuseum.com
- 36 St. Francis Centre 78 Church St. S., Ajax www.stfranciscentre.ca
- 55 Station Gallery 1450 Henry St., Whitby www.whitbystationgallery.com
- 91 The Visual Arts Centre of Clarington 143 Simpson Ave., Bowmanville www.vac.ca
- 15 Trading Post Quality Foods 1920 Whitfield Rd., Port Perry www.tradingpostqualityfoods.com
- 86 Tyrone Mills Limited 2656 Concession 7, Bowmanville www.tyronemill.net
- 7 Uxbridge Historical Centre (Museum & Archives) 7239 Concession Rd. 6, Uxbridge www.uxbridgehistoricalcentre.com

- 92 Wilmot Orchards Inc. 3337 Concession Rd. 3, Newcastle www.WilmotBlueberries.com
- Bike Stores and Rentals**
- 30 Bay Cycle and Sports 980 Brock Rd. S., Pickering www.baycyclesports.com
 - 68 Bicycles Plus 1618 Dundas St. E., Unit 1, Whitby www.bicyclesplus.com
 - 31 Cycle Life 1050 Brock Rd., Unit 1, Pickering www.cyclelife.bike
 - 69 Impala Bicycles Ltd. 1818 Dundas St. E., Whitby www.impalabicycles.com
 - 42 Northern Cycle 889 Westney Rd. S., Ajax www.northerncycle.com
 - 75 Rbikes/The Bodyfirm 364 Simcoe St., Beaverton www.rbikes.ca
- Breweries**
- 8 The Second Wedge Brewing Company 14 Victoria St., Uxbridge www.thesecondwedge.ca
- Cafés and Restaurants (or other food services)**
- 20 Anninas Bakeshop and Cafe 300 Hwy. 47, Goodwood www.anninasbakeshop.com
 - 66 Chatterpaul's 3500 Brock St. N., Whitby www.chatterpauls.com
 - 80 Country Perks 1648 Taunton Rd. E., Hampton www.countryperks.ca
 - 40 Dairy Queen Ajax 250 Bayly St. W., Ajax www.dairyqueen.com
 - 44 Debbie's Boutique Cafe 94 Harwood Ave. S., Ajax www.debbiescafe.ca
 - 63 Frantastic Cafe 229 Brock St. N., Whitby www.frantasticevents.ca
 - 14 Harp and Wylie's Canadian Grill House 150 Water St., Port Perry www.harpandwylies.com
 - 34 Jazzberry Tea House 109 Old Kingston Rd., Ajax www.jazzberryteahouse.com
 - 41 McDonald's Ajax - Bayly 222 Bayly St. W., Ajax www.mcdonaldsajax.com

- 47 McDonald's Ajax - Heritage 135 Kingston Rd. E., Ajax www.mcdonaldsajax.com
- 50 McDonald's Ajax - Walmart 270 Kingston Rd. E., Ajax www.mcdonaldsajax.com
- 37 McDonald's Ajax - Westney 1951 Ravenscroft Rd., Ajax www.mcdonaldsajax.com
- 10 Nexus Coffee Company 19 Brock St. W., Uxbridge www.nexuscoffee.net
- 62 Nice Bistro 1050 Brock St. N., Whitby www.nicebistro.com
- 27 OpenStudio Art Cafe 617 Liverpool Rd., Pickering www.openstudioartcafe.com
- 32 Pickering Village Ice Cream Shoppe 109 Old Kingston Rd., Ajax www.villageicecream.ca
- 26 PORT - dining room & bar 1289 Wharf St., Pickering www.portrestaurant.ca
- 35 Safari Bar, Grill and Patio 60 Randall Dr., Ajax www.safaribarandgrill.com
- 33 Sauter's Restaurant 109 Old Kingston Rd., Ajax www.sautersinn.com
- 39 Scrambles 527B Westney Rd. S., Ajax www.scramblesrestaurant.com
- 64 The Brock House Kitchen & Bar 918 Brock St. N., Whitby www.thebrockhouse.ca
- 95 The Fire Hall Bistro 5304 Main St., Orono www.facebook.com/TheFireHallBistro
- 48 The Keg Steakhouse + Bar - Ajax 190 Kingston Rd. E., Ajax www.kegsteakhouse.com/locations/ajax-keg/
- 25 The Mount Everest Indian Restaurant 611 Kingston Rd. W., Ajax www.mounteverestajax.ca
- 13 Tin Cup Caffe 58 Brock St. W., Uxbridge www.tinmill.ca/tin-cup-caffe
- 9 Tin Mill Restaurant 53 Toronto St. N., Uxbridge www.tinmill.ca
- 11 Urban Pantry Restaurant 4 Toronto St. N., Uxbridge www.urbanpantry.ca
- 96 Village Bake Shop 5340 Main St., Orono www.villagebakeshop.ca

- Visitor Information**
- 45 Ajax Town Hall Complex 65 Harwood Ave. S., Ajax www.visitajax.ca
 - 67 Brooklin Community Centre and Library 8 Vipond Rd., Whitby www.whitby.ca
 - 72 City of Oshawa 50 Centre St. S., Oshawa www.oshawa.ca
 - 52 Whitby Civic Recreation Complex 555 Rossland Rd. E., Whitby www.whitby.ca
 - 90 Clarington Tourism Information Centre 181 Liberty St. S., Bowmanville www.claringtontourism.net
 - 65 Durham Tourism 605 Rossland Rd. E., Whitby www.durhamtourism.ca
 - 54 Iroquois Park Sports Centre 500 Victoria St. W., Whitby www.whitby.ca
 - 3 Nourish Community Hub 16 York St., Cannington www.tndf.ca
 - 18 Port Perry BIA / Scugog Chamber of Commerce 237 Queen St., Port Perry www.discoverportperry.ca
 - 57 Port Whitby Marina 301 Watson St. W., Whitby www.whitby.ca
 - 2 Township of Brock 1 Cameron St. E., Cannington www.choosebrock.ca
 - 38 Welcome Centre Immigrant Services, Ajax 5-458 Fairall St., Ajax www.welcomecentre.ca
 - 61 Whitby Public Library 405 Dundas St. W., Whitby www.whitbylibrary.on.ca
 - 53 Whitby Town Hall 575 Rossland Rd. E., Whitby www.whitby.ca
- Wineries**
- 87 Archibald's Winery 6275 Liberty St. N., Bowmanville www.archibaldswinery.com
 - 21 Ocala Orchards Farm Winery Ltd. 971 High Point Rd., Port Perry www.ocalawinery.com

Choose your adventure

Check out these 14 cycling routes curated by expert local riders, and hit the road to experience the culture, history and natural beauty of Durham Region.



Plan your trip > Here are a few websites to help you plan your cycling trip and navigate your way around Durham Region:

www.durhamtourism.ca/cycletours

Download GPS or PDF versions of this map and individual routes.

www.durham.ca/cycledurham

Cycle Durham promotes Durham Region's cycling initiatives and infrastructure. Here you'll find:

- Cycling safety tips and resources
- Information on how to safely share the road
- Calendar of cycling events, races and rides

www.durham.ca/apps/works/TrafficWatch

Before your ride, find up-to-date road conditions in Durham Region.

www.durhamtrails.ca

Find information about the many recreational opportunities available on our trails, including cycling and mountain biking.

Route 1 | Great Lakes Waterfront Trail/Durham Length: 84 km



Durham Region's section of this 1,600 km trail connects with the City of Toronto to the west and Northumberland County to the east. This easy-riding route offers a variety of terrain, providing for on-road, trail and path cycling with lots of public waterfront spots to stop and enjoy. Use "Trail to GO" routes to connect between the Great Lakes Waterfront Trail and GO Transit for your daily commute, and to explore the Region! For more information visit www.waterfronttrail.org.

Route 2 | Greenbelt Route/Durham Length: 96 km



Cycling the rolling terrain of Durham's section of the 475 km Greenbelt Route can be challenging, but the fabulous vistas and places to stop along the way are well worth the climbs. For more information about the full Niagara to Northumberland Greenbelt Route, visit www.greenbelt.ca/route.

Route 3 | North Brock Loop Length: 49 km



Start in quaint downtown Beaverton, on beautiful Lake Simcoe, and head east or west to enjoy this challenging loop. The historic community of Cannington offers the ideal rest stop, with many shops and amenities on its main street. Cyclists will enjoy fabulous views of Lake Simcoe as they head into or out of Beaverton.

Route 4 | South Brock Loop Length: 46 km



Begin in downtown Cannington, famed as the "Heart of Ontario," where you can enjoy lunch or stock up on snacks before your ride. This loop also passes through the charming community of Sunderland, home to the annual Sunderland Agricultural Society and Agricultural Fall Fair.

Route 5 | Beaverton/Cannington Route Length: 22 km



Follow the scenic rural roads hugging the Beaver River Valley system with this challenging route from Beaverton to Cannington.

Route 6 | Uxbridge Loop Length: 65 km



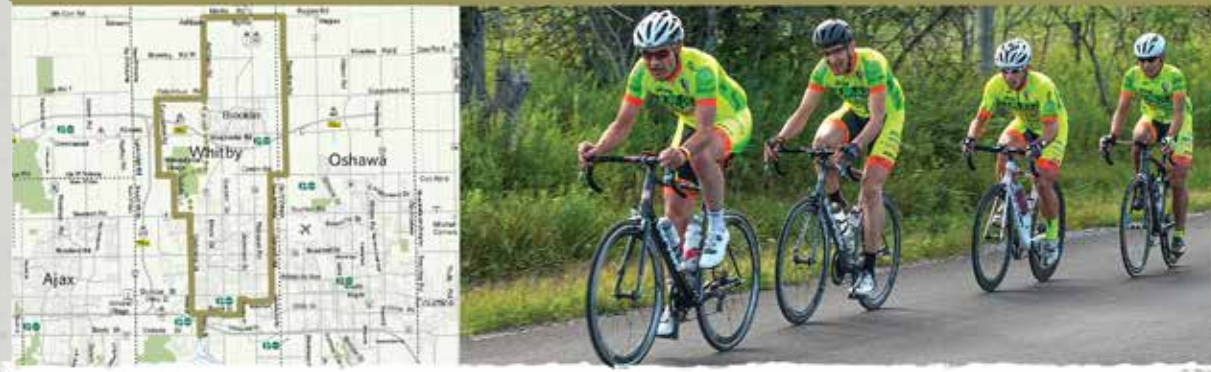
Get ready to gear up and down as you ride this hilly loop featuring stunning views of Uxbridge's agricultural heritage. Explore the charming hamlets of Sandford, Zephyr, Udora and Leaskdale, consider a short butter tart detour into Goodwood, and then pedal to inviting downtown Uxbridge where you can stroll through unique shops, stop for a bite in a café or visit the local craft brewery.

Route 7 | Pickering/Ajax Loop Length: 72 km



Pickering's bustling Nautical Village waterfront area, just off Highway 401 at the foot of Liverpool Road, is a great place to start this loop. Fuel up with lunch before heading west on the Great Lakes Waterfront Trail. Travel north, then east, through Pickering's picturesque rural areas, experiencing history and culture along the way. On the cruise home, pause for a rest in Ajax's Pickering Village and enjoy a specialty coffee or tea or a double scoop ice cream cone in a quaint courtyard setting.

Route 8 | Whitby Loop Length: 46 km



Start at beautiful Port Whitby Marina and head north, taking short detours to visit bicycle friendly galleries and museums along the way. Explore the hilly hamlets of Brooklin, Ashburn and Myrtle Station, stopping at shops and restaurants before travelling south through fabulous rural landscapes. Beginning in 2018, take an alternate route through the peaceful setting of Heber Down Conservation Area. Enjoy lunch in downtown Whitby and then unwind and explore the beach and lush parkland at the waterfront after your ride.

Route 9 | Oshawa/Courtice Loop Length: 40 km



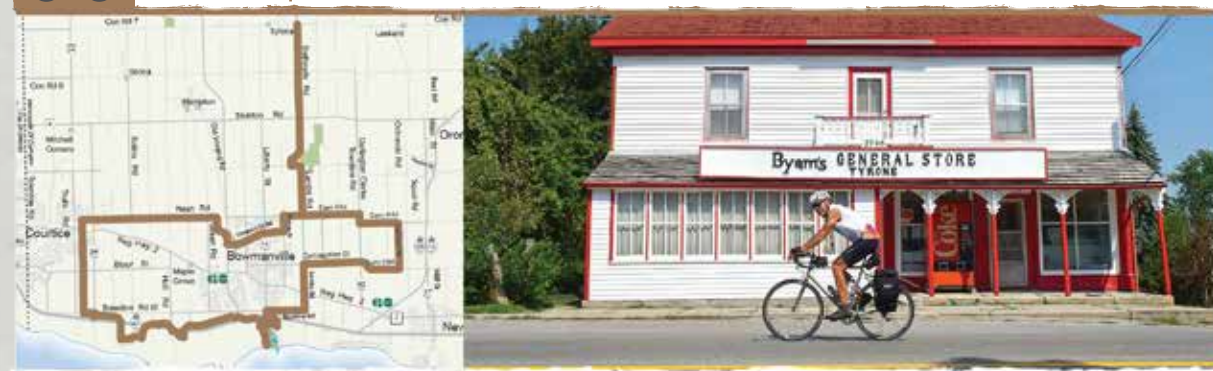
Begin your ride at Lakeview Park, then head northwest along the Joseph Kolodzie Oshawa Creek Bike Path, taking in the sights and sounds of rushing streams and calm, natural surroundings. Continue north through Oshawa's downtown area (portions of which offer dedicated cycling lanes) and break for lunch before continuing northeast to the hamlet of Mitchell Corners. Enjoy the beautiful rural backdrop on your route home and then finish off your trip with a ride along the Clarington to Oshawa section of the Great Lakes Waterfront Trail, which features diverse wetlands and natural habitats.

Route 10 | Oshawa Urban Loop Length: 22 km



Explore the city of Oshawa on two wheels while travelling this local on and off-road urban loop. Start off at scenic Lakeview Park, then head northwest along the Joseph Kolodzie Oshawa Creek Bike Path, and connect with the Harmony Creek Trail for the southbound portion of your trip. There are lots of cool spots to stop along the way – museums, restaurants, and more!

Route 11 | West Clarington Loop Length: 54 km



Ride this loop and experience the mix of natural assets and charming downtown amenities in the community of Bowmanville. Start at the Bowmanville Marina, then wheel west, north and east and take another northbound jaunt which offers a connection to the signed Greenbelt Route and unique local attractions. On your ride home, stop by downtown Bowmanville for some tasty local fare or plan a picnic along the tranquil Soper Creek before you reach the Great Lakes Waterfront Trail.

Route 12 | East Clarington Loop Length: 51 km



Before you begin this exhilarating ride, marvel at the Port of Newcastle's beautiful views of Lake Ontario then head north through downtown Newcastle, trek up the rolling hills of the Oak Ridges Moraine and stop for some delectable treats and antiques in the village of Orono. You'll enjoy peaceful rural settings as you make your way south before your final jaunt west along the Great Lakes Waterfront Trail.

Route 13 | Scugog/Caesarea Route Length: 25 km



Start in rural Enniskillen then take this countryside route north, through Burketon, Blackstock and Nestleton to Caesarea. Unwind at the foot of Lake Scugog before cruising home over the Oak Ridges Moraine. At some points, you'll even be able to see all the way to Lake Ontario!

Route 14 | Scugog/Uxbridge Loop Length: 36 km



Before you head out, check out the Port Perry waterfront and the diverse downtown shops. Enjoy the scenic twists and turns of this fun-filled loop that takes you from the township of Scugog to the charming township of Uxbridge and back!



If this information is required in an accessible format, please contact Durham Tourism at 1-800-413-0017.



Users of this map bear full responsibility for their own safety

The Durham Cycle Tours map has been developed to assist recreational cyclists in planning trips. The routes are intended for use by experienced cyclists and should be evaluated by each individual cyclist based on their level of experience, comfort level in cycling in mixed traffic, weather conditions, time of day, posted speed, changing road grades and any road obstacles or conditions, whether temporary or permanent, such as construction or potholes. Experienced cyclists are considered to be those who have completed the CAN-BIKE level 2 course, or equivalent. This map is not intended as a guide for children.

The Regional Municipality of Durham makes no warranties of any kind concerning the accuracy, reliability or completeness of the Durham Cycle Tours Map or the safe condition of any road, route, trail or facility whatsoever shown on it. Users of this map are solely responsible for the risks associated with this map's use, as well as their own safety when using the map. Cyclists are reminded that they must comply with the Highway Traffic Act and are encouraged to always use safety equipment when cycling. The Region of Durham is not responsible for any offences committed by third parties, which may cause a hazard or injury to cyclists.

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www.SimonWilson.ca