



# Durham Region Health Department FAX about...

For Health Care Professionals



## Monitoring for Monkeypox – Update #2

On May 20, 2022, Ontario's Chief Medical Officer of Health issued an [Order](#) under section 77.6 of the *Health Protection and Promotion Act* requiring health care professionals to provide information about any individual who meets the case definition for monkeypox to Public Health Ontario (PHO) within 1 business day (see Appendix A of the [Order](#) for case definitions, or <https://www.health.gov.on.ca/en/pro/programs/emb/monkeypox.aspx>).

**The Ontario Monkeypox Investigation Tool** (see Appendix B of the [Order](#)) **must be completed and sent to PHO via secure fax to (647) 260-7603**. PHO will notify Durham Region Health Department to initiate case and contact management.

### Clinical Presentation

The typical clinical presentation of monkeypox begins with a prodromal systemic illness consisting of one or more of the following symptoms:

- Fever
- Lymphadenopathy
- Chills and/or sweats
- Headache
- Backpain/ache
- Sore throat and/or cough
- Coryza (inflammation of the mucous membrane of the nose)
- Malaise/listlessness
- Prostration/distress

Within 1 to 3 days of the prodromal illness, a rash typically starts on the face and then spreads elsewhere on the body including the mucous membranes in the mouth, tongue, and genitalia. The rash can also affect the palms of the hands and soles of the feet. The rash can last for 2 to 4 weeks and evolves from macules to papules, vesicles, pustules, and scabs before falling off. Atypical monkeypox presentation may include painful genital or oral lesions.

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905-668-2020 or 1-800-841-2729 | [durham.ca/health](http://durham.ca/health)

If you require this information in an accessible format, contact 1-800-841-2729.



# Transmission

Monkeypox is spread by close contact with an infected individual's body fluids, respiratory droplets, or lesions, or through items that have been contaminated with the infected person's body fluids or lesions.

The incubation period of monkeypox is usually between 6 to 13 days but can range from 5 to 21 days. Individuals are communicable from symptom onset until all scabs have fallen off and new skin is present.

## Who should get tested?

Please consider testing for monkeypox if individuals are presenting with the signs and symptoms above, especially those with a high-risk exposure to a human case of monkeypox, a history of travel to a region that has reported confirmed cases of monkeypox, or a relevant zoonotic exposure.

## Testing

**Prior to collecting specimens, please consult with a PHO microbiologist at 1-877-604-4567.**

Further information about testing can be found on the [PHO website](#) (or search for "Monkeypox Virus" on the main PHOL website).

## IPAC Precautions

In addition to routine practices, follow additional airborne/droplet/contact precautions for suspected or confirmed cases per PHO's [Infection Prevention and Control \(IPAC\) recommendations for Monkeypox in Health Care Settings](#) (or search for "IPAC Monkeypox" on the main PHOL website).

May 26, 2022

