



## December 2024 Activity Calendar Hillsdale Estates – Adult Day Program

Below is a list of the dates, times, and activities for the month of December 2024.

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### Monday December 2:

- 09:15** Coffee and Conversation
- 10:15** Exercise
- 11:00** Sing A Long
- 01:30** Christmas Decorating

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### Tuesday December 3:

- 09:15** Coffee and Conversation
- 10:15** Exercise
- 11:00** Toys Tuesday
- 01:30** Holiday Potpourri

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### Wednesday December 4:

- 09:15** Coffee and Conversation
- 10:15** Exercise
- 10:45** Yarn Christmas Tree
- 01:30** December Dice Day

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### Thursday December 5:

- 09:15** Coffee and Conversation
- 10:15** Exercise
- 11:00** Trivia Time
- 01:30** Table Hockey

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Friday December 6:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Name That Tune
- 01:30**      Let's Bake Christmas Cookies

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Monday December 9:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Christmas True or False
- 01:30**      Bean Bag Toss

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Tuesday December 10:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Holiday Pictionary
- 01:30**      Classic Toys Bingo!

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Wednesday December 11:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Christmas Cards!
- 01:30**      Polar Bear Bowling

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Thursday December 12:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Readers Nook
- 01:30**      Let's Paint

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Friday December 13:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Twister Toss
- 01:30**      Music Relaxation

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Monday December 16:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Christmas Market Travel Lodge
- 01:30**      Mini Putt

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Tuesday December 17:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Christmas Caroling
- 01:30**      Christmas Jeopardy

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Wednesday December 18:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Homefield Ukulele Players
- 01:30**      Active Games

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Thursday December 19:

- 09:15**      Coffee and Conversation
- 10:15**      Exercise
- 11:00**      Axe Throwing
- 01:30**      Holiday Spa

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Friday December 20:

**09:15**      Coffee and Conversation

**10:15**      Exercise

**11:00**      Holiday Memory

**01:30**      Finish The Line

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Monday December 23:

**09:15**      Coffee and Conversation

**10:15**      Exercise

**11:00**      Shake Loose A Memory

**01:30**      Hot Coca Cone Making & Hot Chocolate Tasting!

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Tuesday December 24:

**Program is closed today**

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Wednesday December 25:

**Program is closed today**

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Thursday December 26:

**Program is closed today**

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Friday December 27:

**Program is closed today**

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Monday December 30:

**Program is closed today**

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Tuesday December 31:

**Program is closed today**

**Reopening January 2<sup>nd</sup>, 2025**



Please note: this schedule is subject to change. If you have any questions, or if you require this information in an accessible format, please contact Michelle VanGenechten, Adult Day Program Coordinator (Acting) at 905-579-1777 ext. 6318.